High Precision Absolute Dose Measurement Using Radiochromic Film and a Validated Optical Densitometry System

We present an evaluation of Gafchromic MD-55-2 radiochromic film (RCF) dosimetry performed with a high-resolution (100 µm pixel size) helium-neon scanning-laser film digitizer which has been modified to eliminate optical densitometry artifacts as large as 30%. An exposure and readout protocol was developed to prevent systematic errors inherent to RCF: temperature-dependent time evolution of RCF response, sensitivity inhomogeneity, and opticalpolarization artifacts. RCF precision was evaluated with films given uniform 6MV x-ray doses between 1 and 200 Gy. RCF absolute dose accuracy was evaluated by comparing RCF measurements to ion chamber measurements for conformal external beam and Monte Carlo calculation for ¹²⁵I and ¹⁹²Ir brachytherapy Single pixel-to-pixel standard deviations of uniformly sources. irradiated films were less than 1% for doses between 10-150 Gy; between 1-5% for lower doses and 1-1.5 % for high doses. Pixel averaging to form 200-800 µm pixels reduces these values by 50-80%. Comparison of absolute doses show agreement within 1.5-4% of dose benchmarks, consistent with a highly accurate dosimeter limited by its observed precision and the precision of the dose standards. These results provide a comprehensive benchmarking of RCF and show a considerable improvement over previously reported precision and accuracy attained by optical densitometry imaging systems.

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