

**Purpose:**

To develop and validate a CT dose-reduction simulation model

**Method and Materials:**

A noise model was developed incorporating mechanisms of stochastic noise in energy-integrating x-ray detectors, tube current modulation, bowtie beam filtering, and electronics system noise by adding synthetic noise projection data (sinogram). Experiments were performed to determine the parameters required for the noise model, and the effects of various components were studied. Various scans were performed on an empty gantry, cylindrical phantom, cadaver head, and skull (an asymmetric object) at various flux levels. Seventeen clinical scans from three different centers were included. As validation, the output of the simulation was compared to actual measurements in both the sinogram and imaged domain. Four alternative forced-choice (4 AFC) observer studies were performed to confirm the realistic appearance of simulated images. Tests were conducted to establish the "just noticeable difference (JND)" in noise levels, and these sensitivities of observer to changes in noise levels were determined.

**Results:**

The Gaussian random noise generator was found to be appropriate for simulations. Measurements demonstrated a match of the noise variance to within 5% in the sinogram domain, which propagates into the imaged domain. The 4 AFC observer study indicated that the simulated image quality was realistic, with a noticeable difference between simulated and original image (25% ± 7.9%). The JND studies indicated that observers reliably detected noise-level differences corresponding to 20-30% changes in tube current, implying that accuracies in simulation on the order of ~ 9% would result in images that could not be reliably differentiated from original images.

**Conclusion:**

The dose-reduction simulation tool demonstrated excellent image fidelity. The methodology promises to be useful for radiologists to explore dose reduction protocols in a safe and controlled manner with a "slow and steady" approach.

**Conflict of Interest (only if applicable):** None