### Applying Baldrige National Quality Program Methodology to Achieve Medical Physics Performance Excellence

E.S. Sternick & B. H. Curran





- 1987 Federal law to advance business competitiveness and economic growth
- Created the Baldrige National Quality Program (BNQP)
- Administered by the National Institute of Standards and Technology (NIST)
- Directed at first to commercial organizations; categories for health care, education and non-profits added later

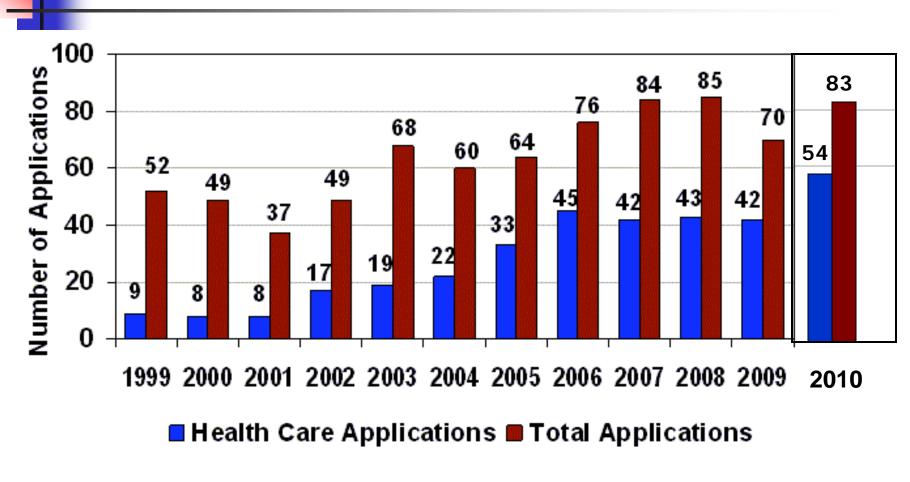




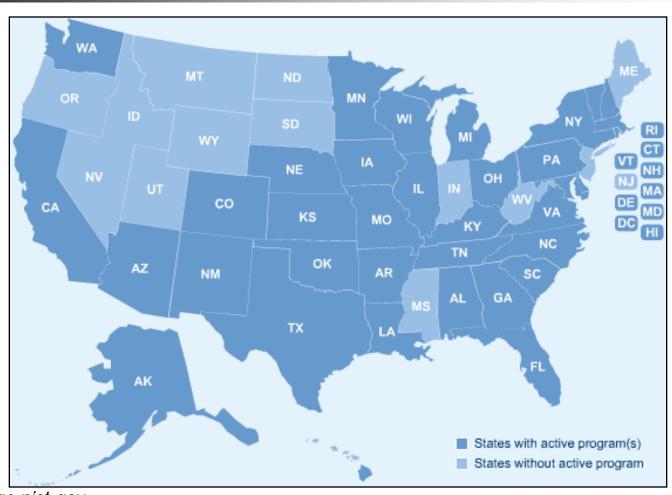
### **Baldrige Quality Awards**

- Recognize outstanding organizational performance
- Board of Examiners evaluates and scores entries and provides detailed feedback to applicants
- Awards presented at an annual public ceremony by the President of the U.S.

# **Baldrige National Quality Program Award Entries**



# Baldrige State Level Quality Programs





- Visionary Leadership
- Managing for Innovation
- Management by Fact
- Focus on Results
- Focus on the Future
- Learning
- Agility
- Systems Perspective

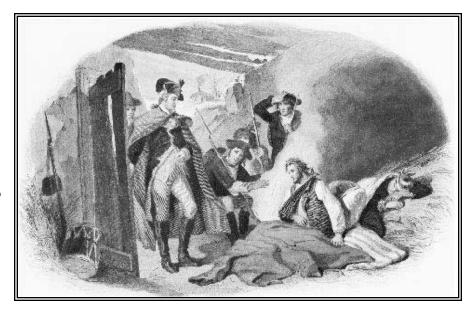


Washington Crossing the Delaware December 25, 1776



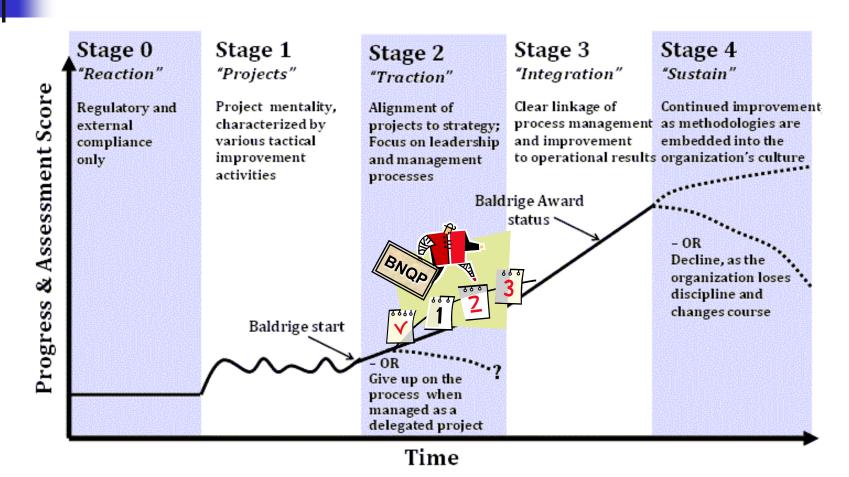
### Core Values of High Performing Health Care Organizations

- Patient-Focused Excellence
- Valuing Staff & Partners
- Public Responsibility



Washington Visiting His Sick and Injured Troops

# The Path to Performance Excellence





"Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has"



**Margaret Mead** (1901-1978)



**Superman** 



### SUPER HEROES





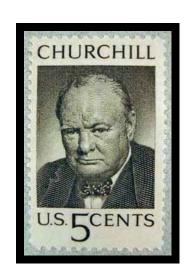
#### Qualified Medical Physicists

"The American Association of Physicists in Medicine regards board certification in the appropriate medical subfield as the appropriate qualification for the designation of Qualified Medical Physicist."



### Achieving Performance Excellence

"Give Us the Tools and We Will Finish the Job"



Winston Churchill (1874-1965)

### Baldrige National Quality Program

 Provides a broad array of selfassessment tools to measure and improve health care organizational performance

Organizational Profile: Environment, Relationships, and Challenges Strategic Workforce Planning Leadership Results Leadership Results Triad Focus on Patients Process other Customers Management and Markets Measurement, Analysis. and Knowledge Management

2009-2010

**Baterigs National Quality Program** 

#### Health Care Criteria for Performance Excellence

leadership ethics









recognition

Perfermence Excellence and Innovation.

2009-2010

**Baterigs National Quality Program** 

# Medical Physics Criteria for Performance Excellence

leadership ethics







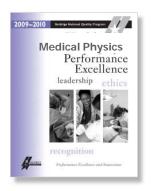
recognition

Performance Excellence and Innovation



#### Medical Physics Criteria For Performance Excellence

- Focus on Results
- Non-prescriptive & Adaptive
- Integrate Key Health Care Themes
- Support a Systems Perspective
- Geared to Goal-Based Self-Assessment





- To improve organizational practices, capabilities and results
- To facilitate communication and sharing of best practices information
- To assist the understanding and measurement of performance
- To guide organizational planning





- Team-based self assessment for program evaluation and development
- Profile of strengths and Opportunities For Improvement (OFIs) generated
- Ordered examination of operations and trends and objective means of benchmarking performance against regulatory and professional society guidelines (e.g. NRC, ACR, ASTRO, AAPM, PQRI, JCAHO, etc.)



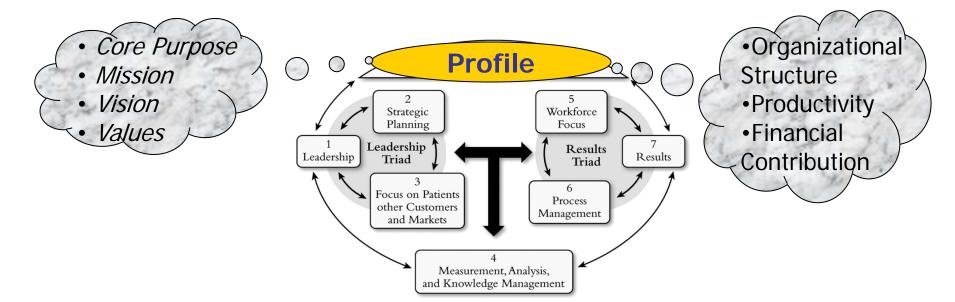
### Baldrige ACTIONABLE Health Care Criteria Excellence Framework A Systems Perspective



www.baldrige.nist.gov

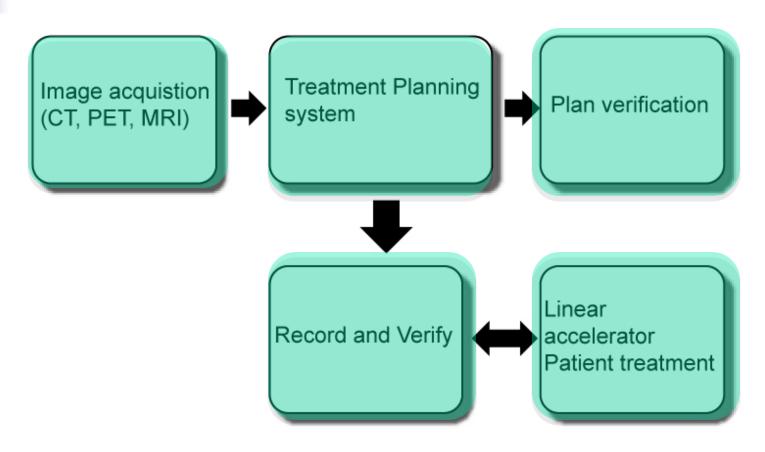
# First Step: Organizational Profile

- Documents the work environment, important relationships and challenges
- Sets the stage for seven Category
   Assessment studies that follow





### Radiotherapy Process Flow



# Organizational Profile: Core Purpose

What do we do?

The essential clinical responsibility of the Medical Physics Team is to assure the safe and effective delivery of radiation in support of patient care to achieve a prescribed therapeutic outcome. We develop, perform and/or supervise the appropriate procedures necessary to attain this goal.



What are we trying to accomplish?

We are committed to providing high quality physics and dosimetry services, innovative scientific advances and teaching programs that support the clinical, research and educational objectives of the Department of Radiation Oncology, the Hospital and the Medical School.



Where are we headed and how do we want to be viewed?

The exceptional quality and significance of the clinical, research and educational programs we offer will generate widespread acknowledgment among our professional peers and important stakeholders that we are a Center of Medical Physics Performance Excellence.

## Organizational Profile: Values

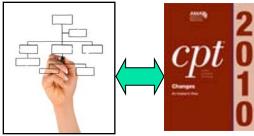
- What is truly important to us?
  - Excellence We strive for excellence, delivering the best possible medical physics services in an environment that attracts and retains outstanding professionals
  - Customer Focus We work diligently to satisfy our customers including patients, physicians, therapists, nurses, administrators, clerical staff and other stakeholders
  - Innovation We are constantly looking for ways to improve the quality of our services by supporting innovation, embracing change and encouraging the development of new ideas and knowledge

# Organizational Profile: Values (Continued)

- What is truly important to us?
  - Teamwork We strive to create a supportive, enjoyable working atmosphere where our collective energy and intelligence enable us to succeed at our highest potential, both individually and as a team
  - •Compassion We earn trust through the courtesy, sensitivity and respect we demonstrate to our patients and co-workers
  - Integrity We are truthful, equitable and open in all our relationships



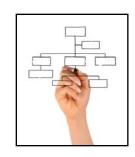
- Medical Physics organizational structure and reporting relationships
  - Are they appropriate to anticipate and meet the expectations and support of a wide-ranging constituency?
- Productivity measurement and revenue generation
  - Are clinical operations cost-effective?





### **Organizational Structure**

- To whom does the Chief Medical Physicist report directly?
- Do the dosimetrists report directly to the medical physicists?
- Do the medical physicists have a formal role in the facility's budget processes?
- What medical physics services are provided?



### **Staffing**

Position	# FTE
Medical Physicists	
Dosimetrists	
Physics Assistants	
Medical Physics Residents	

# Medical Physics Clinical Services

Service	Annual Cases
<b>External Beam Therapy</b>	
Brachytherapy	
Radiopharmaceutical Therapy	
Intraoperative Radiotherapy	
Other	

# Other Medical Physics Services

Service	% Time		
Radiation Safety			
Computer Support			
Administration			
Research			
Teaching			

### **Clinical Equipment**

Category	Description
Linear Accelerator(s)	
Simulator(s)	
Brachytherapy Equipment (LDR & HDR)	
Stereotactic Radiosurgery Equipment	
Treatment Planning System(s)	
Physics Instrumentation	

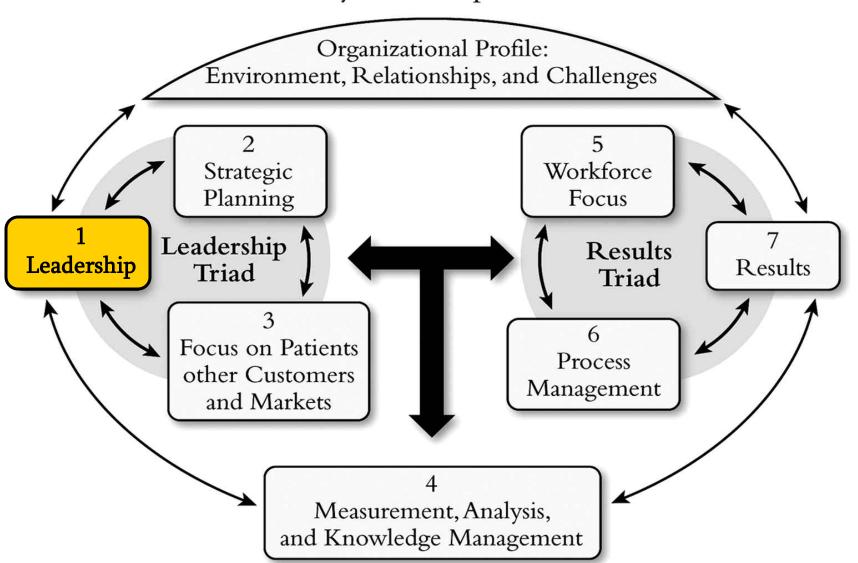
### Medical Physics Productivity

Medical Physics CPT Codes	CPT Procedures Previous Period	CPT Procedures Current Period	Gross Revenue Previous Period	Gross Revenue Current Period
20+ Billing Code\$				
77295 etc.		Projected Annual CPT Procedures		Projected Annual Gross Revenue

- For every 100 treated radiation oncology patients:
  - Facility Total Gross Revenue ~ \$4 million
  - Medical Physics Gross Revenue ~ \$1.5 million

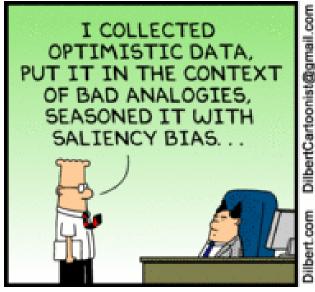
#### Medical Physics Excellence Criteria Framework

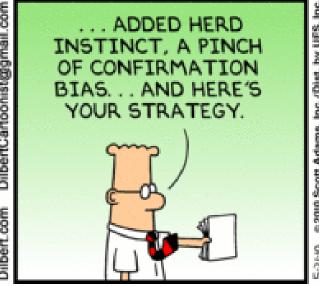
A Systems Perspective





 Describe how its Leaders guide and sustain the Medical Physics Team









# Category 1: Leadership

- Evidence that Medical Physics leaders demonstrate:
  - Commitment Dedication to promoting the Department's Core Purpose, Mission, Vision and Values
  - Professional Conduct and Ethics Emphasis on legal and ethical practices
  - Patient Safety Creation and endorsement of a culture of patient safety
  - Communication and Engagement Encouragement of an open communications approach with coworkers, patients and other stakeholders
  - Action Orientation A focus on action and results to accomplish the Department's objectives and attain its vision



- Nelson Mandela equated a great leader with a shepherd:
- " He stays behind the flock, letting the most nimble go out ahead, whereupon the others follow, not realizing that all along they are being directed from behind."



Nelson Mandela (1918 - )



# Leading for Innovation

- Leaders must ensure their organizations are willing to innovate
- Leaders must build the organizational capabilities necessary for engaging in the innovation process



# Willingness to Innovate

- Building community
  - ". . .creating a world to which people want to belong"
  - People are valued for who they are and have an opportunity to contribute to something larger than themselves
  - Have a common purpose and shared values



# **Organizational Capabilities**

- Creative abrasion
  - Ability to generate ideas through discourse and debate
- Creative agility
  - Ability to test and refine ideas through quick pursuit
- Creative resolution
  - Ability to make decisions in an integrative manner





- Valid and reliable definition of a set of decisions and actions that contribute to the creation and realization of plans for achieving defined objectives
  - SWOT( Strengths, Weaknesses, Opportunities, Threats)
     Analysis
  - Option Evaluation
  - Objectives Selection
  - Implementation
  - Evaluation

Strategic Planning



- SWOT Analysis A synopsis of internal capabilities and the potential impact of external environmental factors
- Option Evaluation Scrutiny of various alternative strategies that are consistent with available resources and the environment as determined by the SWOT Analysis
- Objectives Selection Identification of the most desirable options that are consistent with the Department's mission
- Implementation Allocation of necessary personnel, equipment and financial resources and deployment of accompanying action plans to achieve defined strategic objectives
- Evaluation Development and assessment of performance indicators that track progress to the defined strategic objectives

Strategic Planning



# **SWOT Analysis**

SWOT Analysis is a well-established management planning tool that has been employed advantageously by diverse industries, including health care, for many years. It is a useful system also for providing medical physicists with a structured, systematic approach to strategic planning.



- SWOT Analysis can be regarded as a form of "brainstorming" that begins with the definition of a desired end state or outcome.
- During the discussion that follows, a comprehensive matrix is created that summarizes the Strengths, Weaknesses, Opportunities and Threats impacting the Medical Physics Team.
- If the objective appears to be reasonably obtainable following the analysis, the SWOT reflections can be further harnessed to create a set of strategies that will move the implementation stage forward effectively by utilizing Strengths, confronting Weaknesses, taking advantage of Opportunities and minimizing Threats



# **SWOT Components**

- Strengths Organizational characteristics that contribute positively to achieving the defined objective.
- Weaknesses Organizational characteristics that are detrimental to achieving the defined objective.
- Opportunities External factors that will assist with achieving the defined objective.
- Threats External factors that could hinder the achievement of the defined

objective.

Strategic Planning



### **Environmental Factors**

Strengths and Weaknesses are viewed as being internal to the organization, while Opportunities and Threats often relate to external factors.

> Strategic Planning



## **SWOT Matrix**

#### **S**trengths

(Internal Environment)

- What do we excel at?
- What resources do we have?
- What do others view as our strengths?

#### Weaknesses

(Internal Environment)

- What resources are we lacking?
- What services require improvement?
- What do others view as our weaknesses?

#### **Opportunities**

(External Factors)

- What new technology is being considered?
- What institutional resources will be available?
- What are the Department's broader strategic goals?

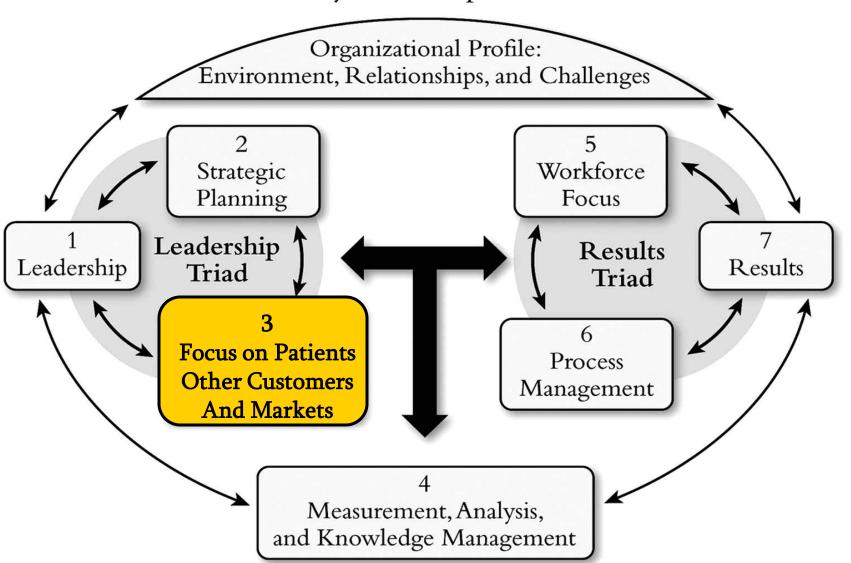
#### **Threats**

(External Factors)

- What institutional resistance might impede us?
- What competition for resources do we face?
- What will restrict our ability to recruit and retain required wellqualified staff?

#### Medical Physics Excellence Criteria Framework

A Systems Perspective



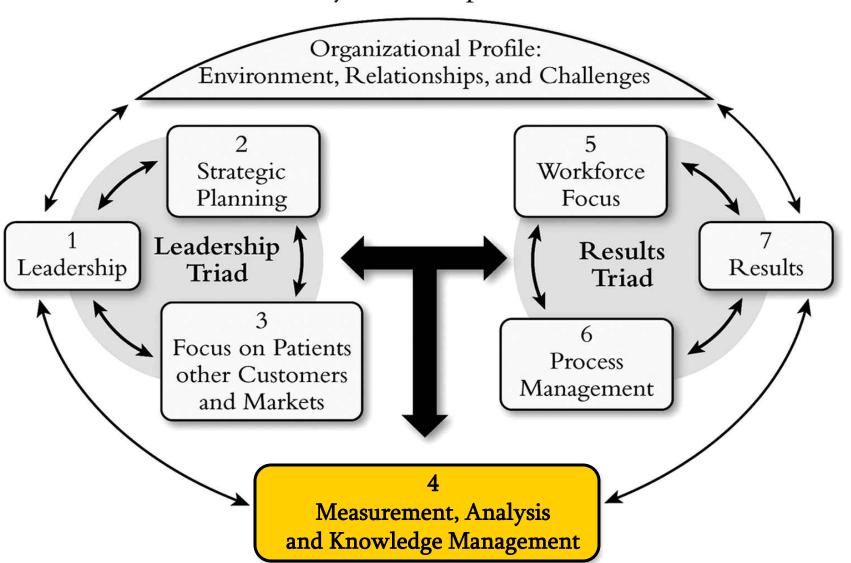


- Evaluation of "customer" relationship management (patients, families, physicians, medical physicists, dosimetrists, radiation therapists, nurses, administrators, clerical staff, other stakeholders)
  - Identification of customers and customer groups that directly and indirectly impact operations
  - Determination of differing requirements, needs and expectations of various customers
  - Mechanisms to ensure performance feedback from customers to enable process improvement
  - Efficacy of information exchange mechanisms to ensure key stakeholders are kept fully informed about operations and resource requirements

Customer Focus

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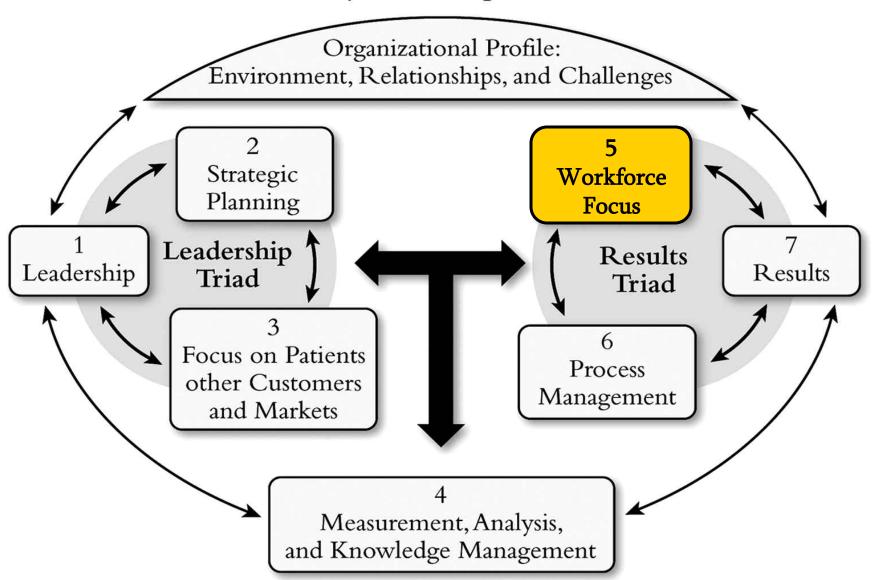


- Documentation of policies and procedures that relate to the accuracy, integrity of and reliability of equipment performance and the confidentiality of patient-related data
- Documentation of policies and procedures to ensure that computer hardware and software systems are reliable, secure and current with Department requirements

Analysis, and

### Medical Physics Excellence Criteria Framework

A Systems Perspective





# Category 5 Workforce Focus

 Goal: To encourage organizational commitment by enabling the Medical Physics Staff to develop and utilize its full potential

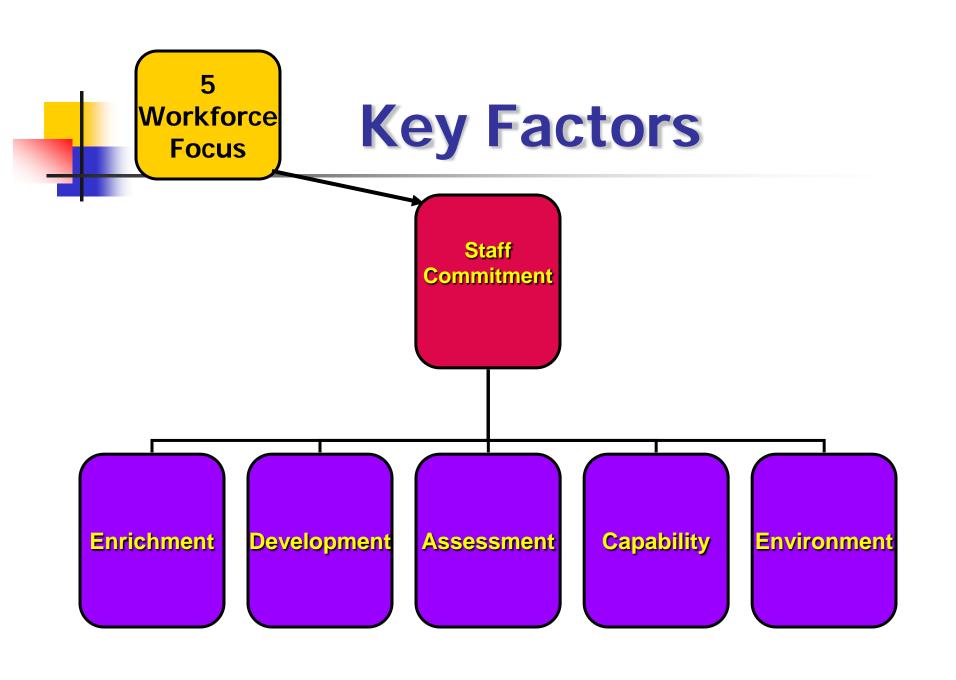




## **Workforce Focus**

- How the Medical Physics program engages, manages and develops staff to utilize its full potential in alignment with the mission, vision, strategy and action plans
- Ability to assess the Medical Physics workforce capability and needs, and build an environment leading to high performance

5 Workforce Focus



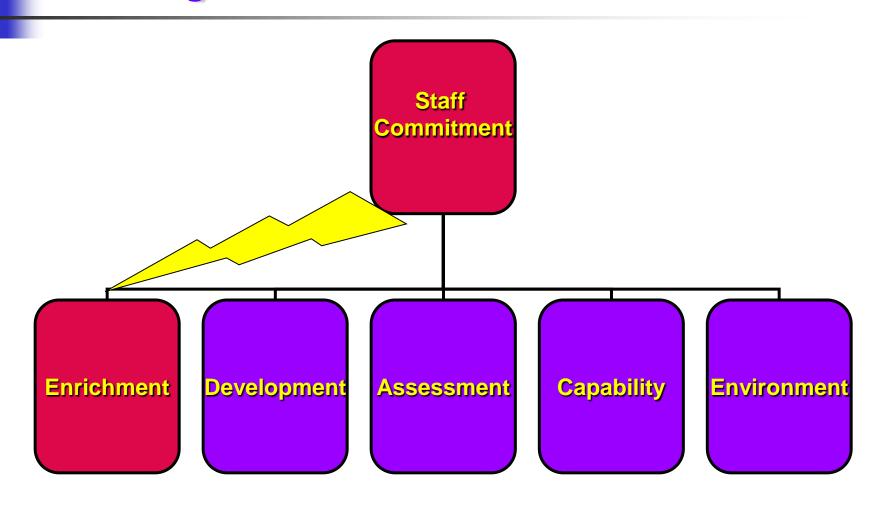


## **Staff Commitment**

- How do you determine key factors that effect staff satisfaction?
- How do you foster:
  - Cooperation and skill sharing?
  - Effective information flow?
  - Individual goal setting and empowerment?
  - Innovation?



# **Key Factor - Enrichment**





## **Enrichment**

- How do you promote an organizational culture to accomplish:
  - Cooperation, effective communication and skill sharing?
  - Effective information flow with co-workers and administrators?
  - Individual goal setting, empowerment and initiative?
  - Innovation?
  - Ability to benefit from diverse cultures and thinking?



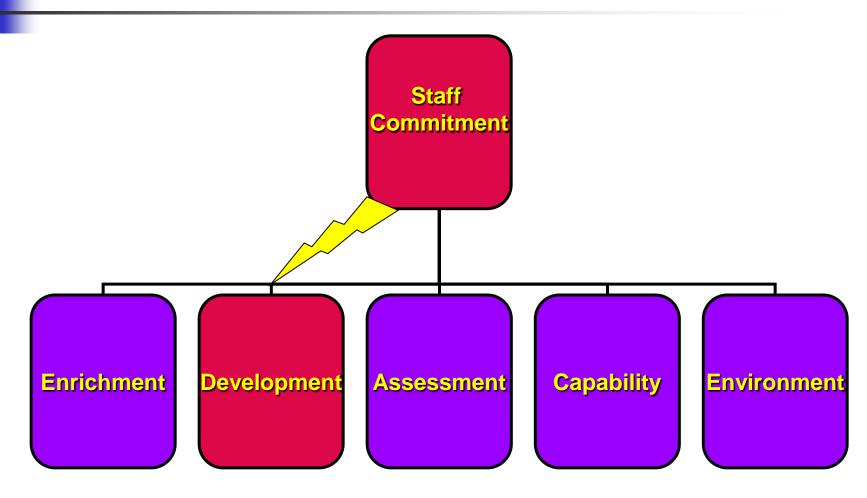


## **Enrichment (Cont.)**

- How do you support and reward high performance work:
  - Compensation and other rewards, recognition and incentives?
  - A performance management system that focuses on achievement of individual and team-developed action plans?









# Development

- How do you determine staff learning and development needs that address:
  - Certification and credentialing requirements?
  - Core competencies, strategic challenges and achievement of action plans both short and long term?
  - Technological change and innovation?
  - Transfer of knowledge from departing or retiring staff?
  - Reinforcement of new knowledge or skills on the job?

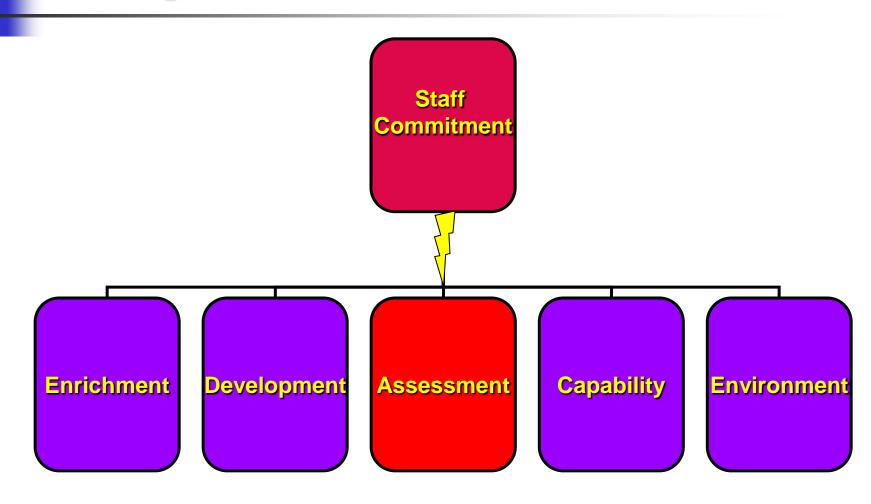




# **Development (Cont.)**

- How do you determine individual staff learning and development needs that address:
  - Personal leadership and career progression opportunities by education, training, coaching, mentoring and work-related experience?
  - Improved knowledge of broader departmental and institutional goals?
  - Ethical professional practices?

# **Key Factor - Assessment**



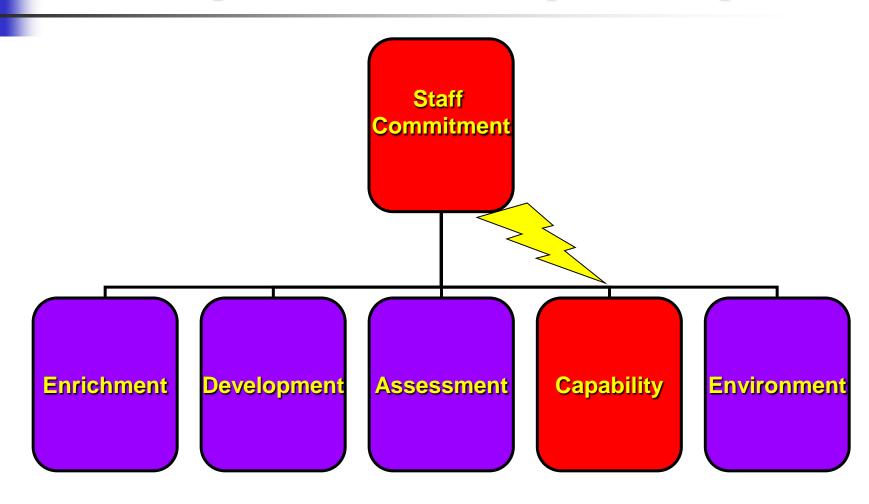


### **Assessment**

- What are your formal and informal assessment methods and measures to determine staff satisfaction such as:
  - Staff retention?
  - Absenteeism?
  - Grievances?
  - Productivity?



# **Key Factor - Capability**





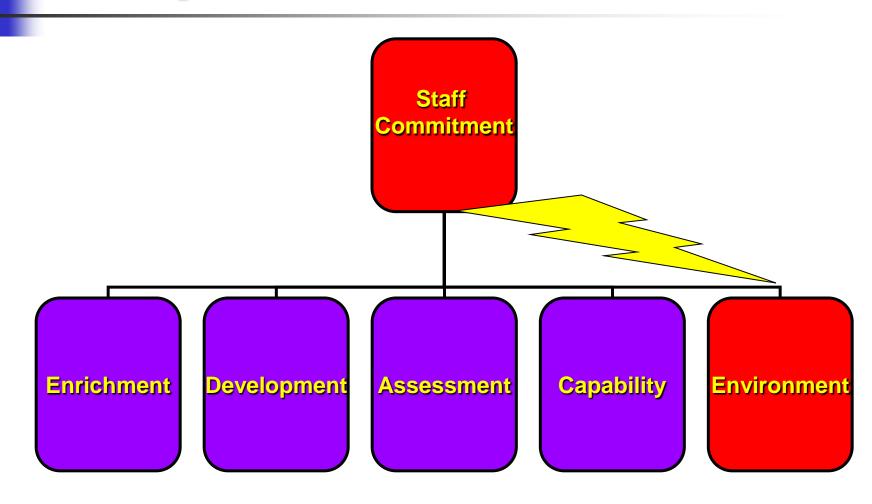
# Capability

#### How do you:

- Assess staff skills, competencies and staffing levels?
- Develop strategies to recruit, hire, place and retain new staff?
- Manage and organize to:
  - Capitalize on core competencies?
  - Exceed performance expectations?
  - Address strategic challenges?
  - Modify operations in response? to changing service needs?



# **Key Factor - Environment**





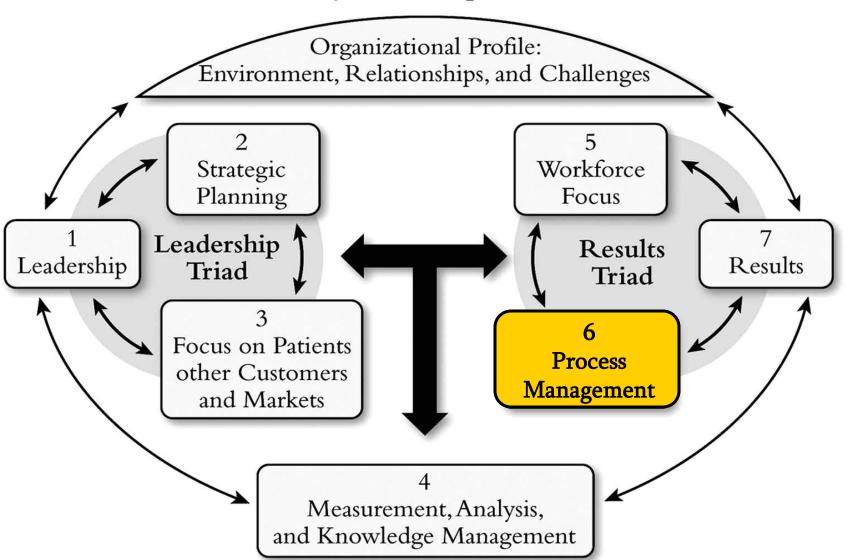
## **Environment**

#### How do you:

- Assess and improve workplace facilities for productivity, comfort and safety?
- Plan for both space and support needs to address new strategic challenges?
- Ensure that space and support services are sufficient to accommodate staff at varying medical physics demand levels?
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### Medical Physics Excellence Criteria Framework

A Systems Perspective



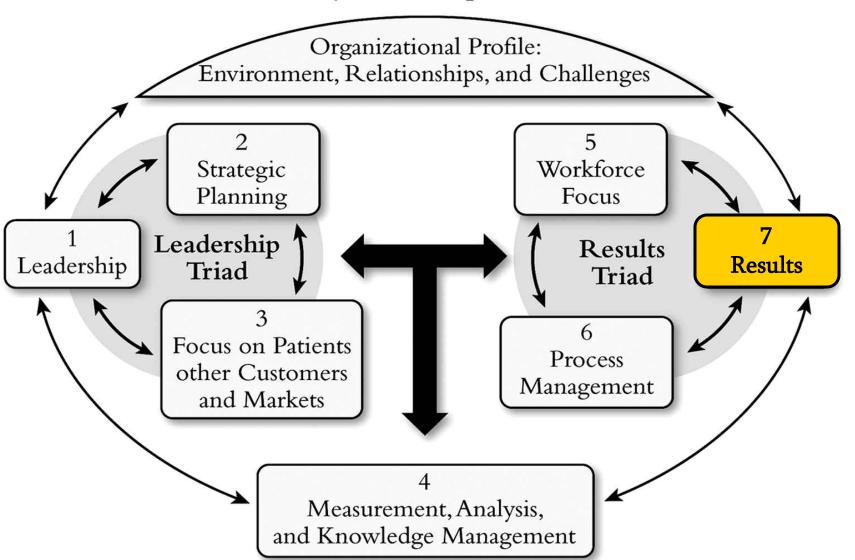


- Evaluation of the design and implementation of work systems that provide value to patients, colleagues, and other stakeholders
  - Quality Management Program
  - Key performance indicators
  - Work process system identification, design, implementation, management and improvement
  - Emergency workplace preparedness (e.g. radiological terrorism)



#### Medical Physics Excellence Criteria Framework

A Systems Perspective

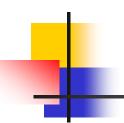




# **Category 7: Results**

- Evaluation of outcomes
  - Patient-focused results
  - Other stakeholder-focused results
  - Financial and marketplace performance results
  - Workforce-focused performance results
  - Process effectiveness results
  - Leadership results

7 Results



# Scoring

#### **Process**

#### **Methodology**

- A Approach
- D Deployment
- L Learning
- I Integration



#### Results

#### **Outputs & Outcomes**

L - LEvels

Е

- **T** Trends
- **C** Comparisons
- I Integration



## **Process Score**

- Approach
  - Methods used, their appropriateness, effectiveness, repeatability and reliability
- Deployment
  - Extent to which approach is applied consistently for use for all work units
- Learning
  - Encouraging new breakthroughs and sharing refinements and innovations with other work groups

 $A \rightarrow D \rightarrow L$ 

- Integration
  - Extent to which important requirements addressed, performance indicators included and results support organization-wide goals

# Process Scoring: Categories 1-6

Score (%)	Process	
0 – 5	Anecdotal	Reacting to Problems
10 - 25	Beginnings	General Improvement
30 - 45	Effective	Systematic Improvement
50 - 65	More Effective	Learning and Strategic Improvement
70 - 85	Highly Effective	Organizational Analysis and Innovation
90 - 100	Fully Effective	



# Results Score (Let's See)

- LEvels
  - Current level of performance
- Trends
  - Rate and breadth of improvement
- Comparisons
  - Performance relative to competitors, benchmarks or peers
- Integration
  - Extent to which important performance requirements are addressed and support organization-wide goals



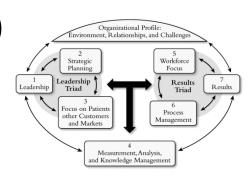
# Results Scoring: Category 7

Score (%)	Results	
0 – 5	Not Reported or Poor Results	
10 - 25	Few Results Reported	
30 - 45	Good Performance for Some Areas	
50 - 65	Good Performance for Most Areas	
70 - 85	Good to Excellent Performance for Most Areas	
90 - 100	Excellent Performance for Most Areas	

## **Total Possible Point Scores**



- Leadership (120 pts.)
- Strategic Planning (85 pts.)
- 3. Customer Focus (85 pts.)
- Measurement, Analysis and Knowledge Management (90 pts.)
- 5. Workforce Focus (85 pts.)
- Process Management (85 pts.)
- 7. Results (450 pts.)





# Journey & Reward

"In the long run, men hit only what they aim at. Therefore, they had better aim at something high."

"What you get by achieving your goals is not as important as what you become by achieving your goals."



Henry David Thoreau 1817 –1862

# Physics "Phood" For Thought

