

AbstractID: 9778 Title: Get A Life! Finding Balance Between Home and Work: A Male Perspective

There is little question that female medical physicists with families have made difficult decisions in their effort to reconcile their professional with their personal lives. Yet many men also struggle with the competing demands between home and work. Arguably, men have more options than their female counterparts in this arena, but that does not mean that they don't wrestle with their own decisions in their effort to create a good balance between the needs of their families and the needs of their jobs.

Educational Objectives:

1. Assist participants in recognizing any dysfunctional aspects of their professional lives
2. Demonstrate the male perspective regarding stress filled decisions balancing home and work.