

PET/CT QC/QA

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Quality Control in PET

Verify the operational integrity of the system

Detectors

Acquisition Electronics

Maintain consistent and high image quality

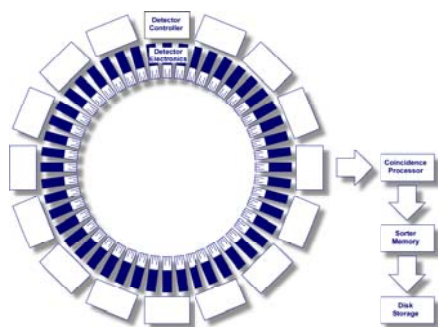
Minimize chances for artifacts

Catch potential problems early

Maintain quantitative accuracy

Eliminate unnecessary repeat scans

Data Flow in a PET System



PET Detectors

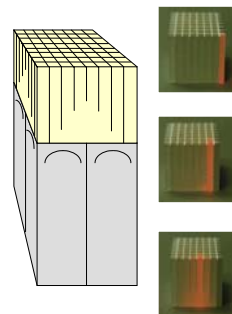
Most modern PET system use a detector technology referred to as Block Detectors.

A large number of scintillation crystals are coupled to a smaller number of PMTs.

In the block detector, a matrix of cuts are made into a solid block of scintillator material to define the detector elements.

The depth of the cuts are adjusted to direct the light to the PMTs.

The light produced in each crystal, will produce a unique combination of signals in the PMTs, which will allow the detector to be identified.

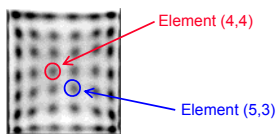


PET Detectors

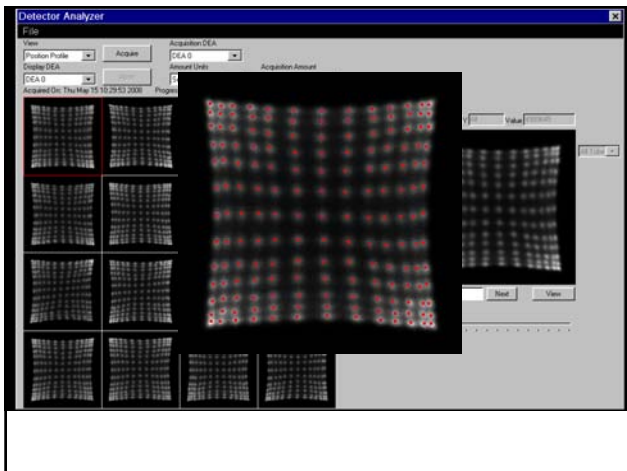
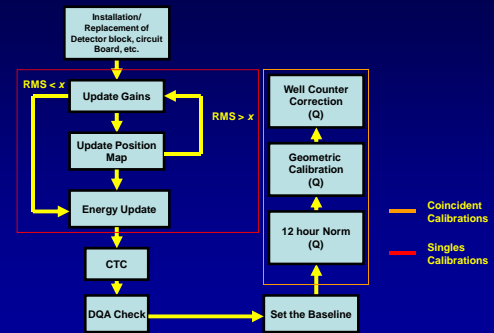
To identify the detector elements, the following positioning indices are calculated:

$$X = \frac{A+B-C-D}{A+B+C+D} \quad Y = \frac{A-B+C-D}{A+B+C+D}$$

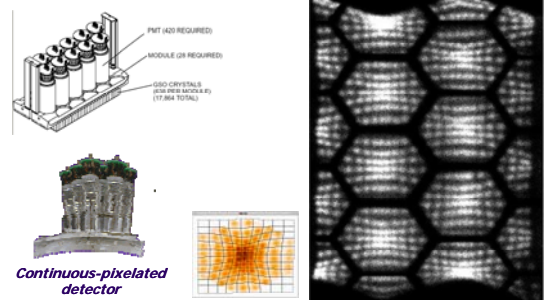
Below is the flood response (i.e., X and Y density distribution when exposed to a flood source of 511 keV photons) for a block detector from the ECAT EXACT HR.



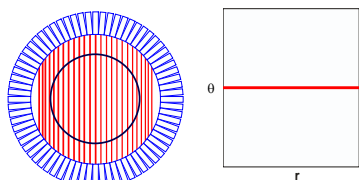
PET Detector Calibration Overview



Pixelated Detector System

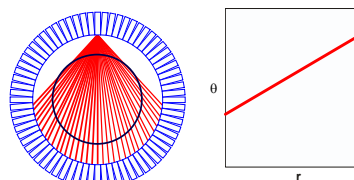


Sinogram



All coincidence lines that are parallel at a given angle form a projection in the sinogram.

Sinogram



All coincidence lines (or lines of response) for a given detector form a diagonal trace in the sinogram.

Daily QC

Daily Detector Check

Transmission/Rotating Rod Sources
Uniform cylinder phantom (20 cm Ø)



Water Phantom



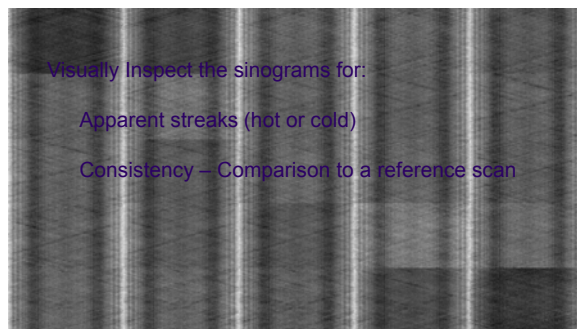
Solid ^{68}Ge Phantom

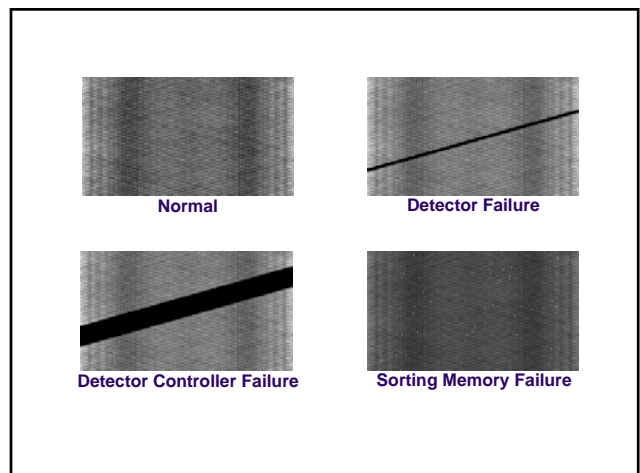
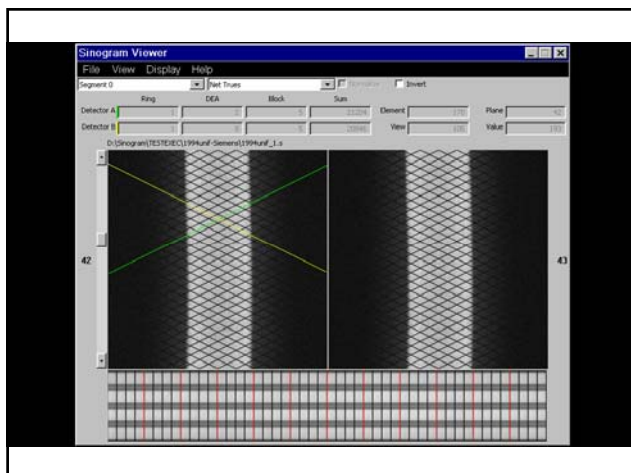
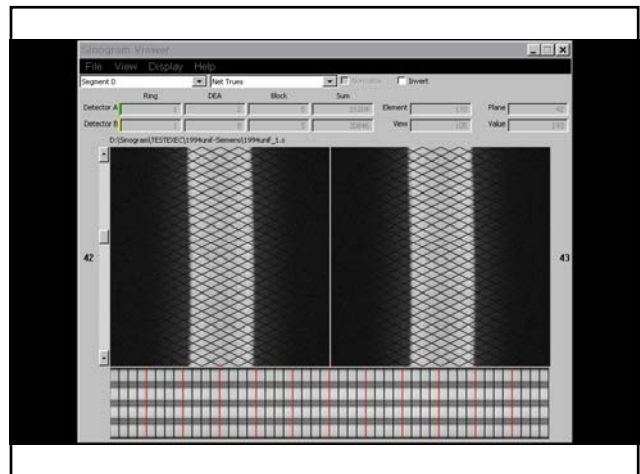
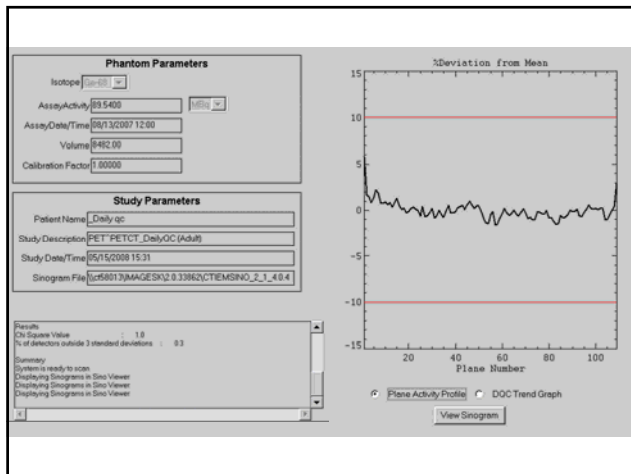
Daily QC / Blank Scan

Visually Inspect the sinograms for:

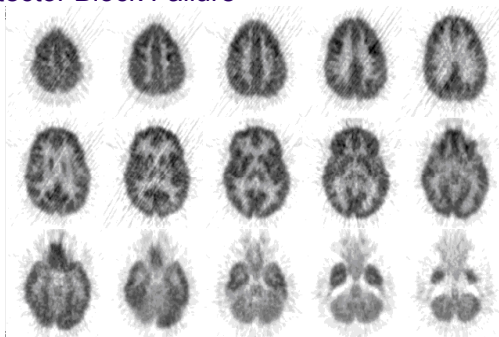
Apparent streaks (hot or cold)

Consistency – Comparison to a reference scan

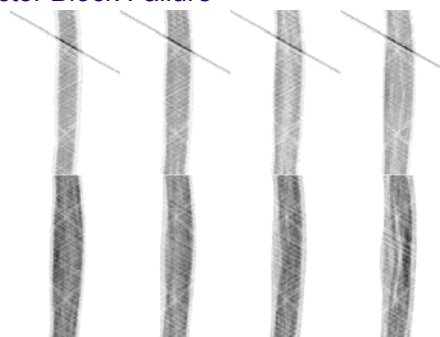




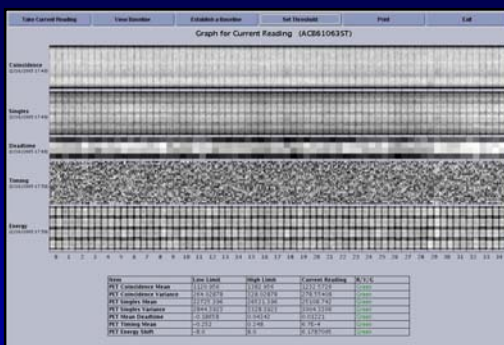
Detector Block Failure



Detector Block Failure

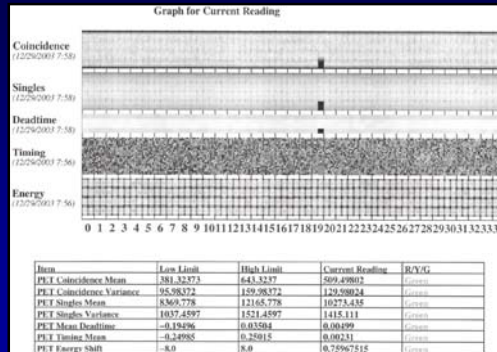


PET Daily QA Scan



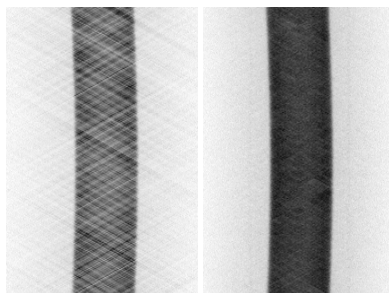
O. Maslani MDACC

PET Daily QA Scan



O. Maslani MDACC

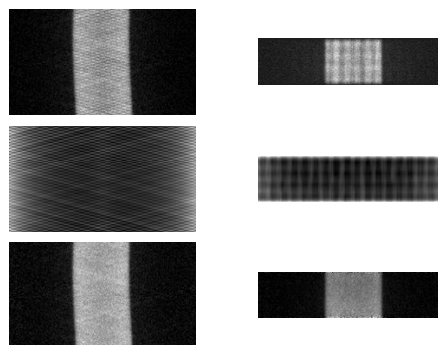
Daily QC and Normalization



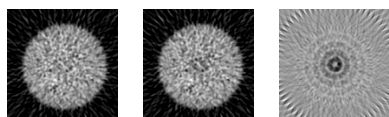
Before Normalization

After Normalization

Normalization



Normalization



Corrected

Non-corrected

Difference

Daily / Weekly Quantification Scan

Scan uniform 20 cm Ø ^{68}Ge or ^{18}F Cylinder

Emission & Transmission / CT

Reconstruct:

All corrections applied

Standard reconstruction parameters

Visual inspection

Compare image ROI activity to calibrated activity

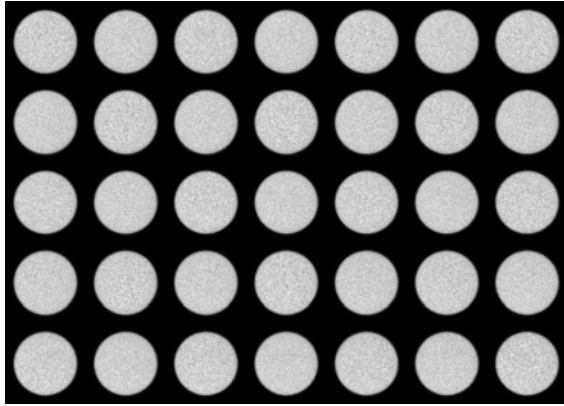
Always perform after:

Service

Re-tuning

Re-normalization

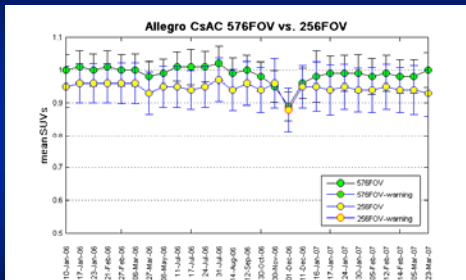




Quantification Scan

	2D Cylinder 0.0299 $\mu\text{Ci/ml}$			
	FBP		OSEM	
Calculated Atten. Corr.	0.0296	-1.1%	0.0295	-1.5%
Meas. Atten. Corr. CT	0.0285	-4.7%	0.0284	-4.0%
Meas. Atten. Corr. Rods	0.0242	-19.2%	0.0239	-20.2%

Quality Control Longitudinal uniformity



Comparison of mean SUVs of VOIs (Allegro CsAC 576FOV vs. 256FOV)

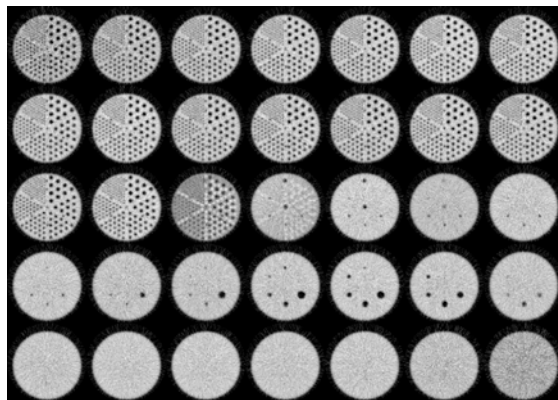
Quarterly QC Procedures

- Detector setup (if needed)
- PMT tuning
- Detector setup
- Coincidence timing (TOF)
- Normalization
- Other cross calibrations (well counter, etc)
- Gantry alignment (for PET/CT)
 - Always after Service
 - Software upgrades

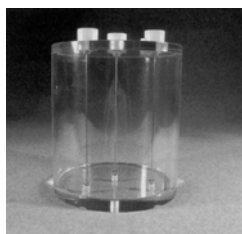
Annual QC Procedures

Perform a sub-set of the acceptance (NEMA) tests:

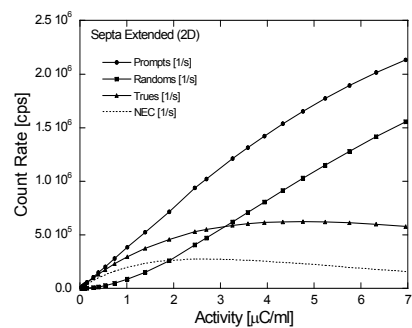
- Uniformity
- Resolution
- Count Rate Test
- Dead Time Correction
- Sensitivity
- Quantification
- Bed motion



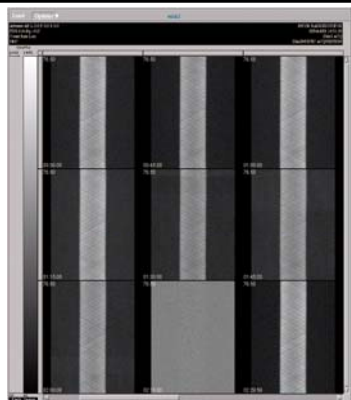
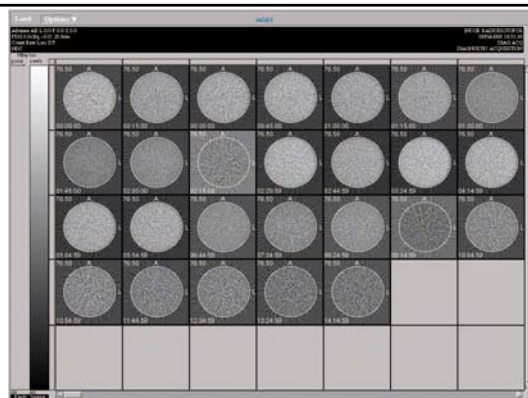
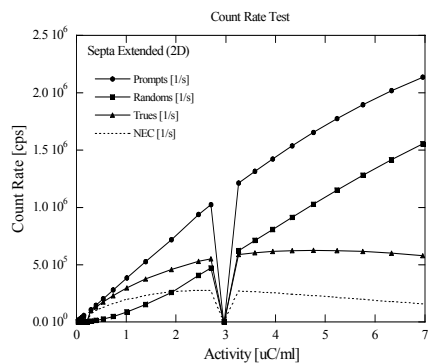
Spatial Resolution



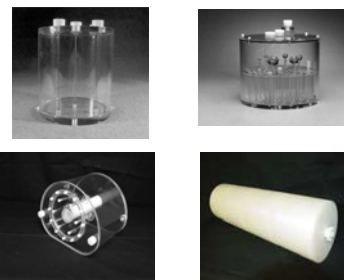
Count Rate Test



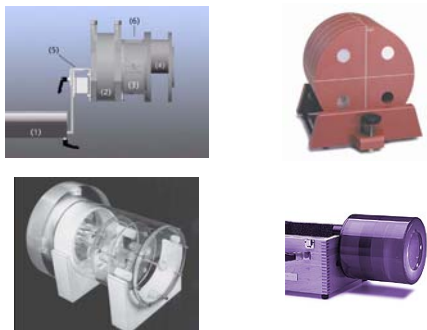
Count Rate Test



Other Test Phantoms



CT QC Phantoms

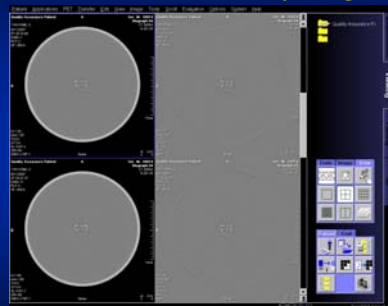


CT Daily QA Scan

- Normal operations include the following 3 tasks (in order):
 - Tube Warmup- A built-in prep scan that gradually increases heat loading in the X-ray tube in order to prevent thermal cracking and eliminate the potential for an arc to occur. It includes a series of exposures made at incrementing kVp
 - Daily Air Cals- A built-in prep scan that performs a series of exposures at varying techniques in order to normalize the detector response using *air* as the attenuating media. These scans essentially adjust the detector gains to achieve a uniform response
 - Daily QA Phantom scan - Provides data for 3 areas of concern in daily quality assurance

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Quality Control CT daily regimen



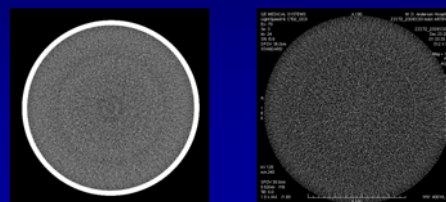
- Scan water layer
 - Measure water HU
 - CTAC
 - Check for artifacts
 - Ring artifacts
 - Redo conditioning
 - Redo Air Cal



Courtesy: Stefan Eberl, RPA

CT Daily QA Scan

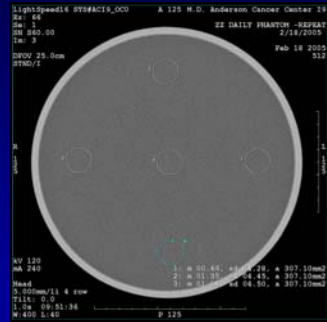
- Artifact Analysis
 - Looking for the presence of artifact
 - *Ring artifact* is the most clinically prevalent in QA scans
 - Caused by non-uniformity in detector response due to gain imbalance or beam obstruction



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CT Daily QA Scan

- Uniformity
 - ROIs distributed in homogeneous material should indicate consistent signal (HUs) and noise

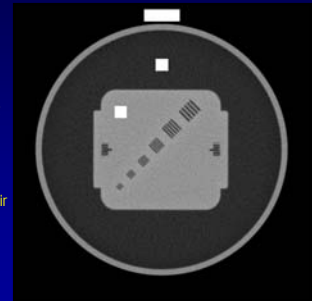


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CT Daily QA Scan

- Linearity
 - Linear attenuation coefficients track linearly with material density
 - Remember that CT numbers are defined WRT the attenuation coefficient of water:

$$CT(x,y) = 1000 \left(\frac{\mu_{(x,y)} - \mu_{water}}{\mu_{water}} \right)$$
 - The mean CT numbers of air (~-1000 HU), water (0 HU), and acrylic (120 HU) displayed within an ROI should be consistent with the defined value +/- manufacture specified tolerance



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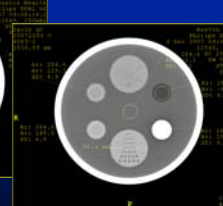
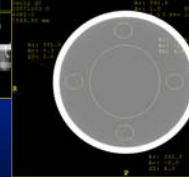
CT Daily QA Scan

CT Scanner	Date of Scan	Time of Scan	CT # Water	Water			Linearity			Position OK?
				Unif. Max Diff	Std Dev. Water	Acrylic	Water	Air		
ACT5_OCO	20050217	064058	9.1	0.3	0.3	120.9	0.6	997.1		Yes
ACT6_OCO	20050217	072016	9.2	0.3	0.3	122.2	0.8	994.7		Yes
ACT7_OCO	20050217	064445	9.2	0.6	0.8	123.5	0.8	993.1		Yes
ACT9_OCO	20050217	070256	9.2	0.6	0.8	122.8	0.6	994.6		Yes
ACT10_OCO	20050217	054214	9.1	0.9	0.6	122.1	0.3	1000.1		Yes
ACT10_OCO	20050217	064124	9.8	0.4	0.2	125.9	0.2	993.7		Yes
ACT10_OCO	20050217	083945	9.8	0.3	0.4	124.7	0.6	993.2		Yes
ACT9_OCO	20050217	081749	9.8	0.1	0.8	124.7	0.7	998.7		Yes
CT102_OCO	20050217	050852	9.2	0.3	0.6	123.9	0.9	995.3		Yes
CT104_OCO	20050217	062858	9.6	0.7	0.4	128.9	0.1	994.5		Yes
CT105_OCO	20050217	063521	9.0	0.8	0.7	125.1	0.7	999.2		Yes
CT106_OCO	20050217	063257	9.4	1.0	0.6	128.6	0.3	999.9		Yes
CT112_OCO	20050217	064447	9.1	0.8	0.6	126.3	0.2	999.4		Yes
DFT1_OCO	20050217	062933	9.8	0.1	0.2	126.2	0.1	993.1		Yes
DFT2_OCO	20050217	064315	9.1	0.6	0.3	124.8	0.8	999.6		No

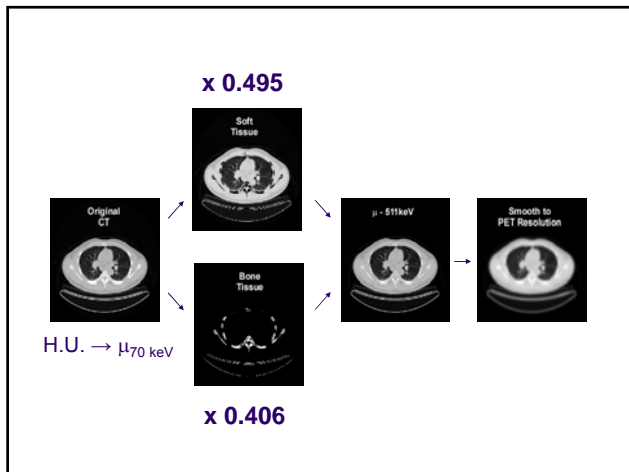
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Quality Control CT weekly regimen

- HU calibration check
 - Water
 - Air
 - Teflon



Austin Health



Quality Control CT weekly regimen

- Hounsfield Unit Calibration
 - ROI means
 - ROI standard deviation range
 - mAs setting accuracy
- kVp, mAs exercising
 - Filament adaptation
 - Collimation
- MTF & Slice thickness
 - Physics layer
- Check error log

	Mean (HU)	Std (HU)	Std (HU)
row 1	Reference: -100	15.5	15.5
	Tolerance: ± 1.00	± 1.15	± 1.15
	Result: -9.8	15.8	15.8
row 2	Reference: -50	8.4	8.4
	Tolerance: ± 0.50	± 0.57	± 0.57
	Result: -4.9	8.4	8.4
row 3	Reference: -10	1.97	1.97
	Tolerance: ± 0.10	± 0.10	± 0.10
	Result: -0.4	1.97	1.97
row 4	Reference: 0	1.00	1.00
	Tolerance: ± 0.05	± 0.05	± 0.05
	Result: 0.0	1.00	1.00
row 5	Reference: 10	1.97	1.97
	Tolerance: ± 0.10	± 0.10	± 0.10
	Result: 10.0	1.97	1.97
row 6	Reference: 50	8.4	8.4
	Tolerance: ± 0.50	± 0.57	± 0.57
	Result: 49.8	8.4	8.4
row 7	Reference: 100	15.5	15.5
	Tolerance: ± 1.00	± 1.15	± 1.15
	Result: 109.8	15.8	15.8

Austin Health

CT Daily QA Scan

- Low Contrast Resolution
 - Qualitative assessment of smallest resolvable hole in a membrane with a CT number similar to that of water

CT 120
mA 240
kVp 120
mAs 120
Time 1:10:16 AM
M: 11.5.20
P: 123

O. Macdonald MDACV

Dosimetry - CTDI

HEAD PHANTOM
(18 cm diam)

BODY PHANTOM
(32 cm diam)

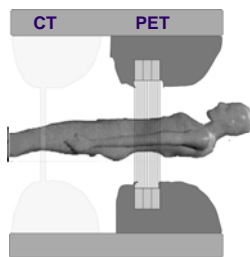
CTDI₁₀₀ Values in cGy
 Head: 120 kVp, 300 mAs, 5 mm
 Body: 120 kVp, 250 mAs, 5 mm

Daily CT QC

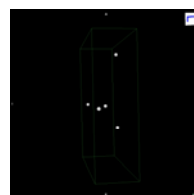
- Accuracy of Water Calibration
- Image Noise
- Uniformity
- Artifacts

Monthly/Semi-annual CT QC

- Slice Thickness
- Slice Positioning
- Laser Alignment
- CT Scale
- Resolution
- Low Contrast Resolution
- Dosimetry



PET/CT Alignment

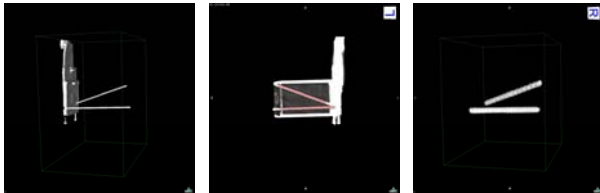


CT



PET
Transmission
Scan

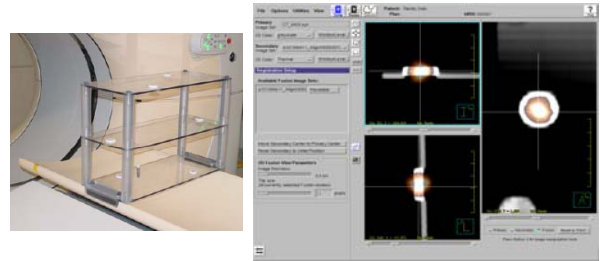
PET/CT Alignment



CT

PET
Emission
Scan

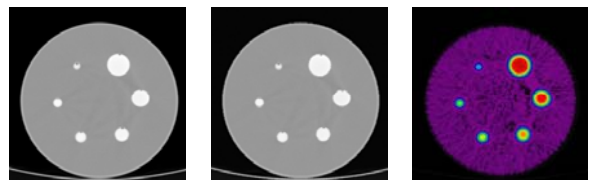
PET/CT Alignment



Jaszczak/ACR Phantom



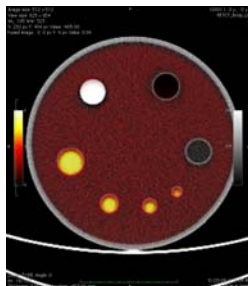
PET/CT Gantry Alignment



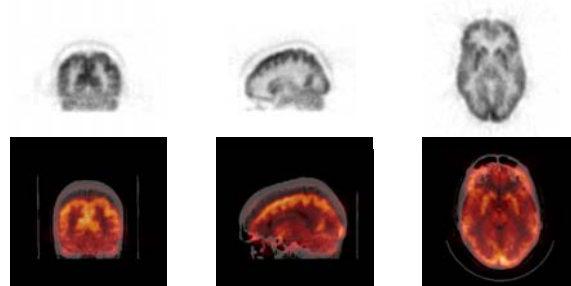
CT

PET

PET/CT Gantry Alignment



System Misregistration



Resources for PET and PET/CT QC

Manufacturers' manual

NEMA NU-2 Publications 2007, 2001 & 1994

AAPM rpt. 72

ACR

Karp J.L. et. al., JNM 32 (12), 1991

Buchert R. et. al., JNM 40 (10), 1999

Geworski L., JNM 43 (5), 2002

Bailey et. al. "Positron Emission Tomography – Basic Science"
Cherry SR & Dahlbom M, in Phelps ME "Molecular Imaging"

Summary

An effective QC/QA program for PET and PET/CT can be implemented with a few relatively simple daily and weekly phantom scans

With training and experience, potential problems can be identified and possibly rectified

A regular QC program will ensure consistent image quality as well as quantitative accuracy

Acknowledgments

Osama Mawlawi, Ph.D.
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Austin Health
Melbourne



