

Monte Carlo methods in proton beam radiation therapy



Harald Paganetti

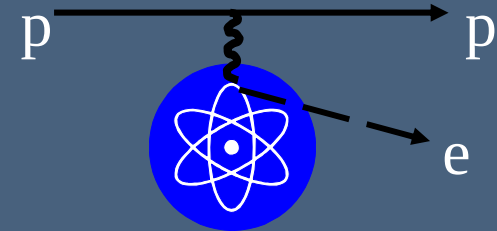


MASSACHUSETTS
GENERAL HOSPITAL

HARVARD
MEDICAL SCHOOL



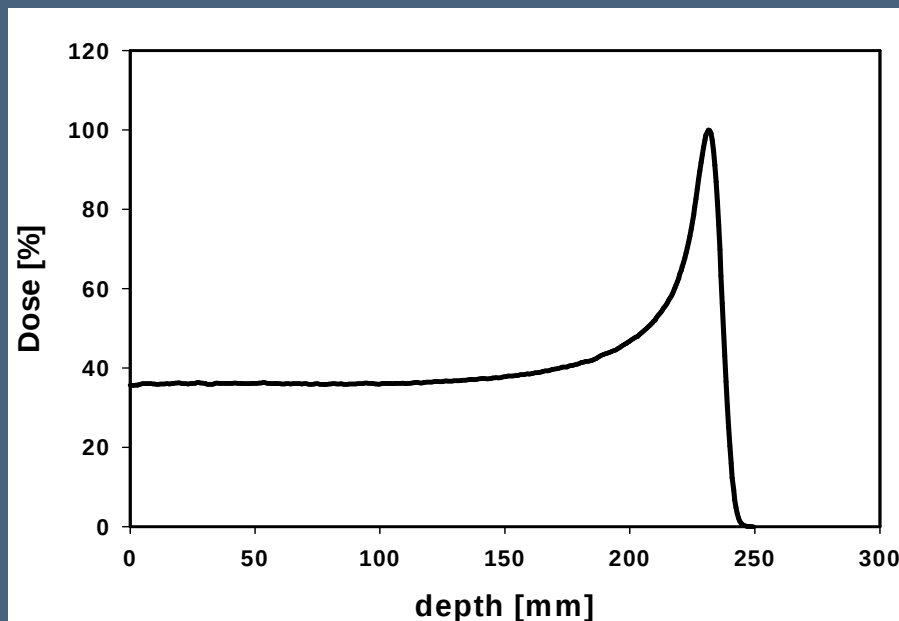
Electromagnetic energy loss of protons



–Ionization

–Excitation

- Distal distribution

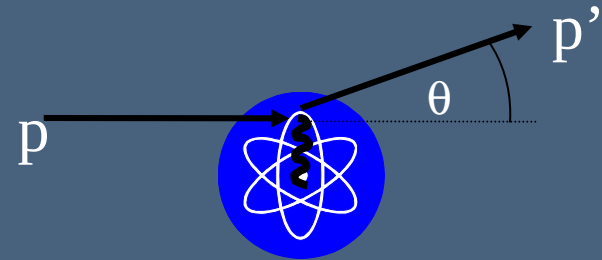


Interaction probability
is proportional to
proton energy

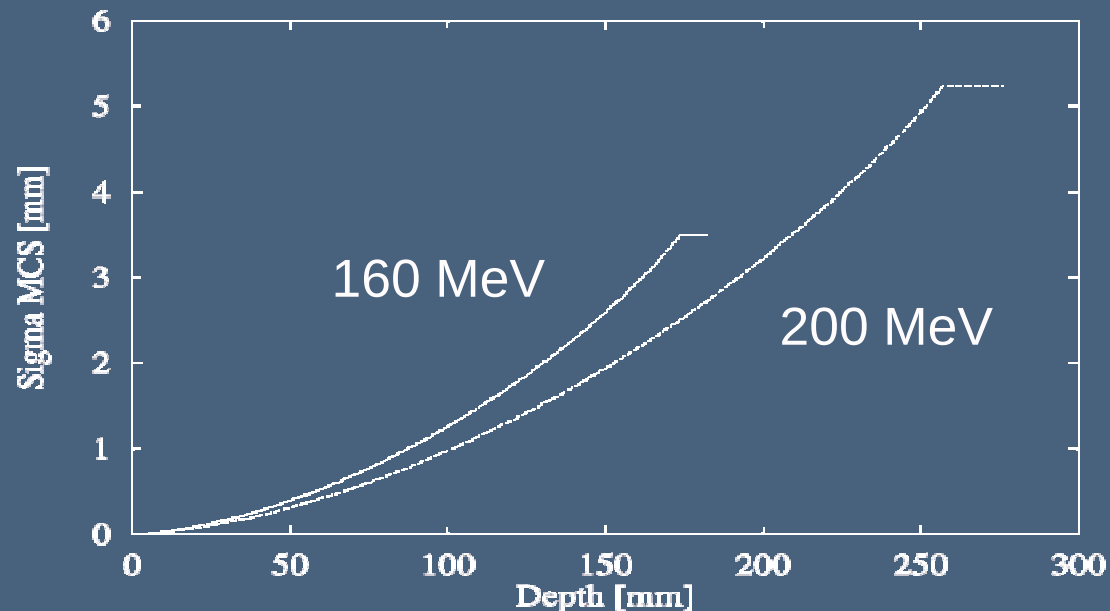
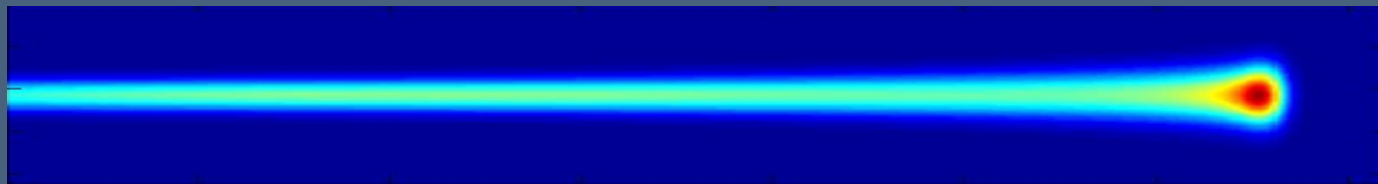
Peak broadening due to range straggling

Electromagnetic energy loss of protons

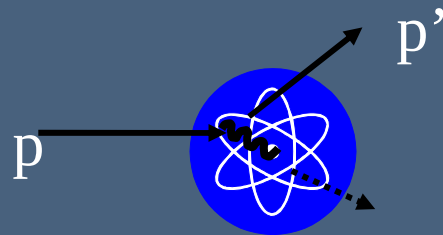
- Lateral distribution



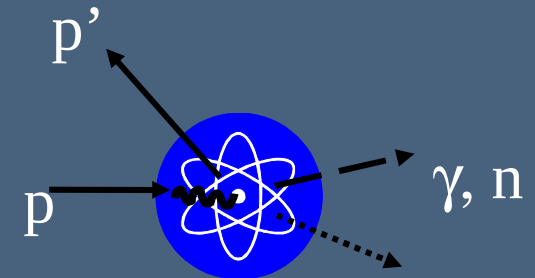
Multiple Coulomb scattering (small angles)



Nuclear interactions of protons



Elastic nuclear collision (large θ)

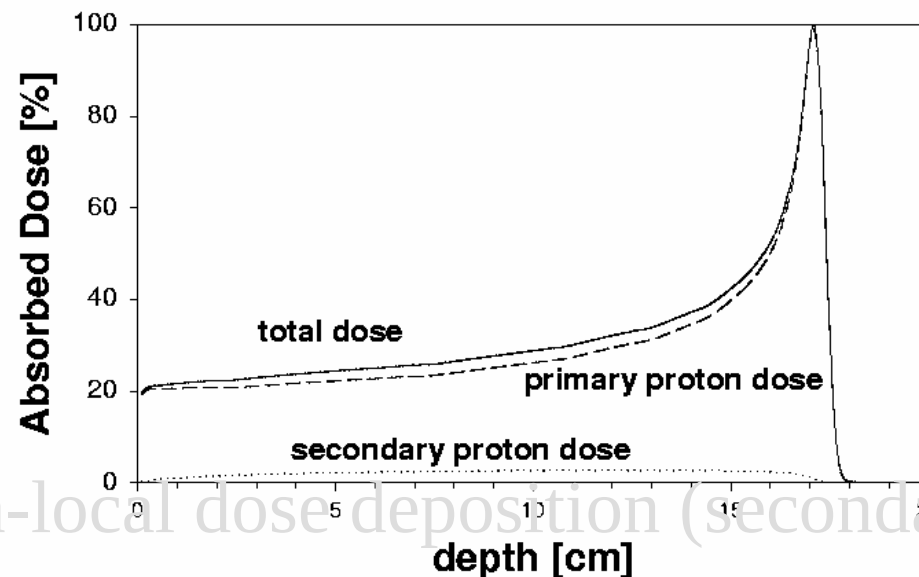


Inelastic int.

Nuclear

Nuclear
thus to

- low
- non-local dose deposition (secondary neutrons)

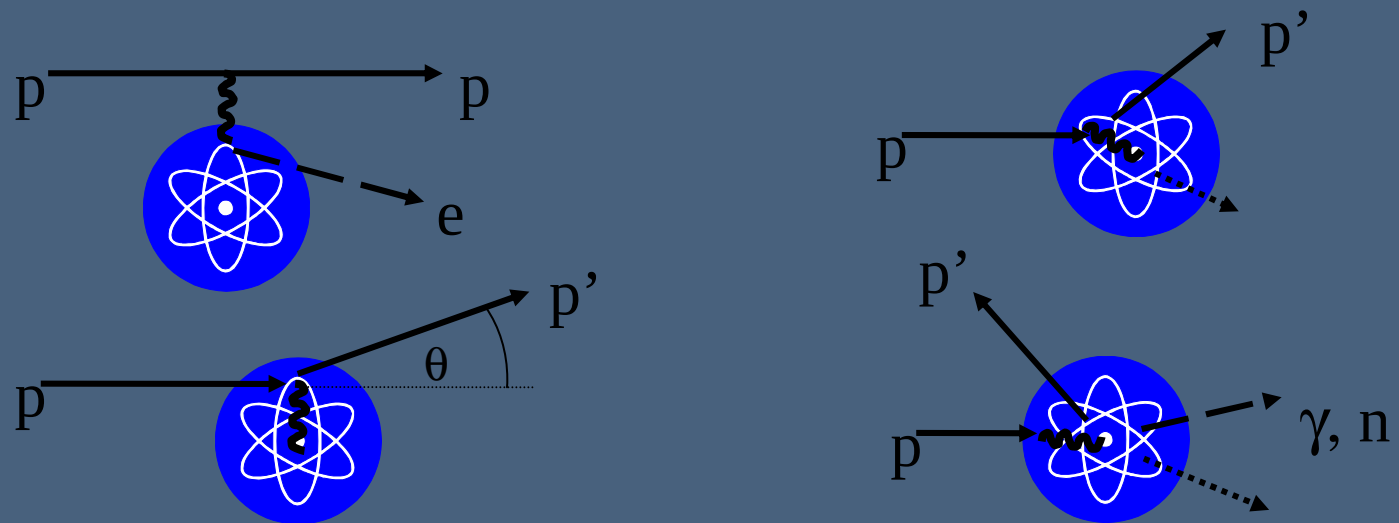


Monte Carlo

Probability Density Function

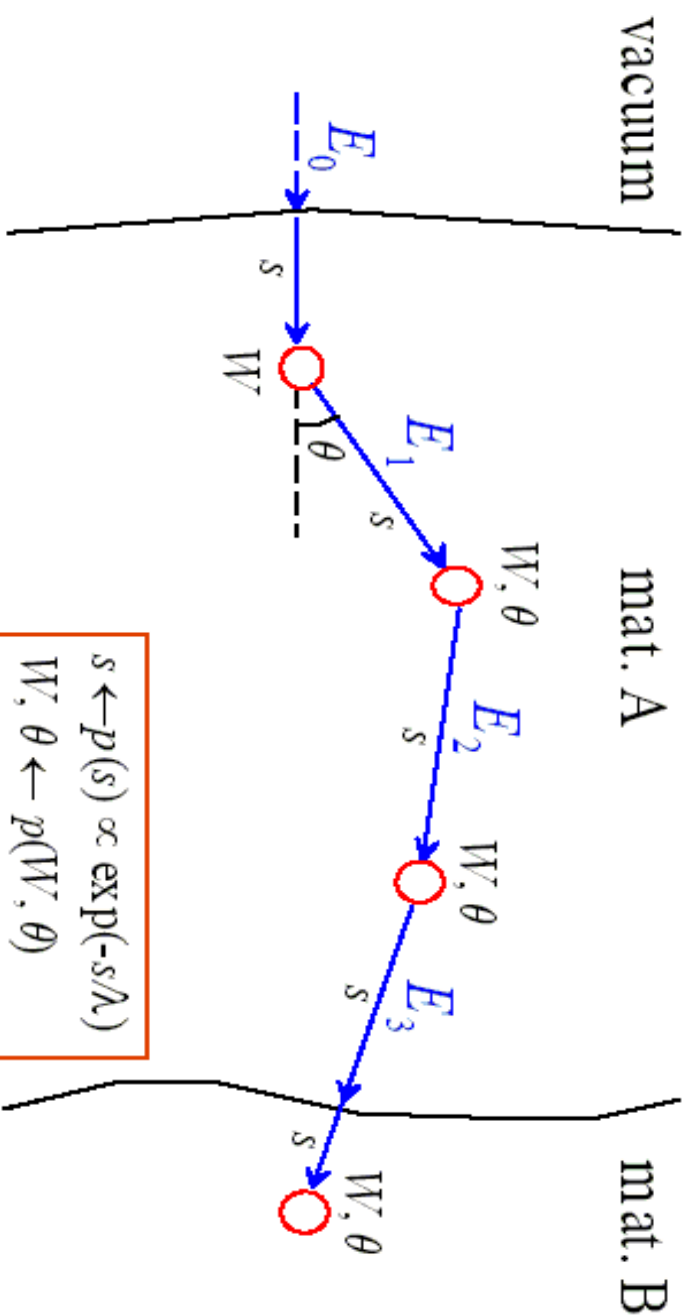
expresses the relative likelihood that a variable will have a certain value

$$f(x) \geq 0 \text{ on } [a, b] \quad \int_a^b f(x) dx = 1$$

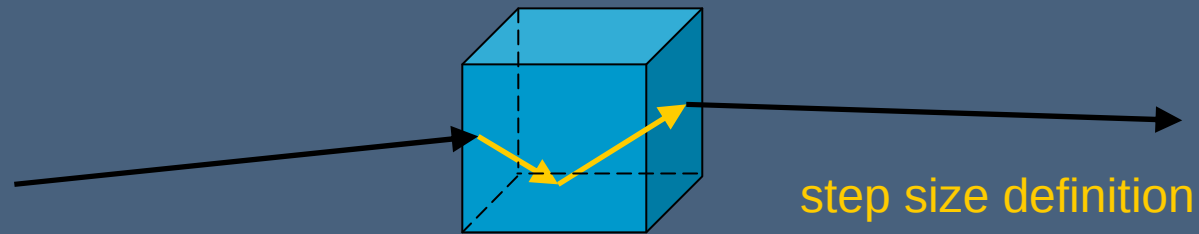


● Detailed (analogue) simulation

- All interaction events are simulated in chronological succession:



- The method is nominally exact (for energies higher than ~ 1 keV)
- Feasible only for **photons** and **low-energy electrons and positrons**
- High-energy electrons and positrons are more difficult...



Condensed history algorithms

group many charged particles track segments into one single 'condensed' step

grouped interactions

- elastic scattering on nucleus
multiple Coulomb scattering
- soft inelastic collisions
collision stopping power
- etc

discrete interactions

- 'hard' d-ray production
energy > cut
- 'hard' bremsstrahlung
emission
energy > cut
- etc

Monte Carlo applications to proton radiation therapy

- **Quality assurance**

 - Treatment head simulation

- **Patient dose calculations**

 - Treatment head simulation

 - Phase space calculations

 - Patient (CT) simulations

 - Clinical implementation

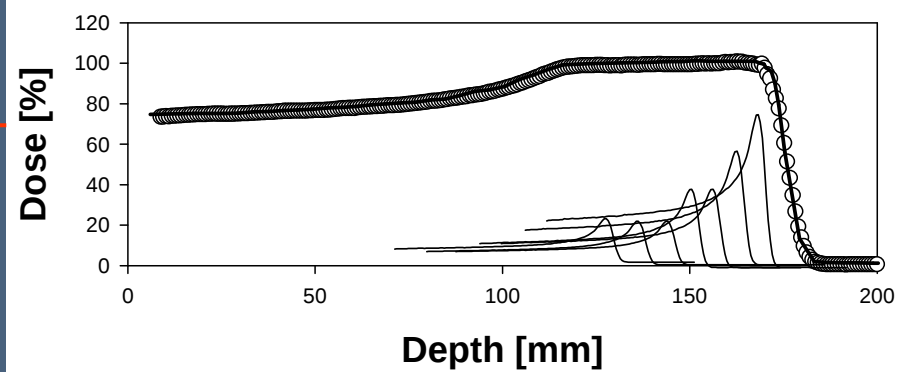
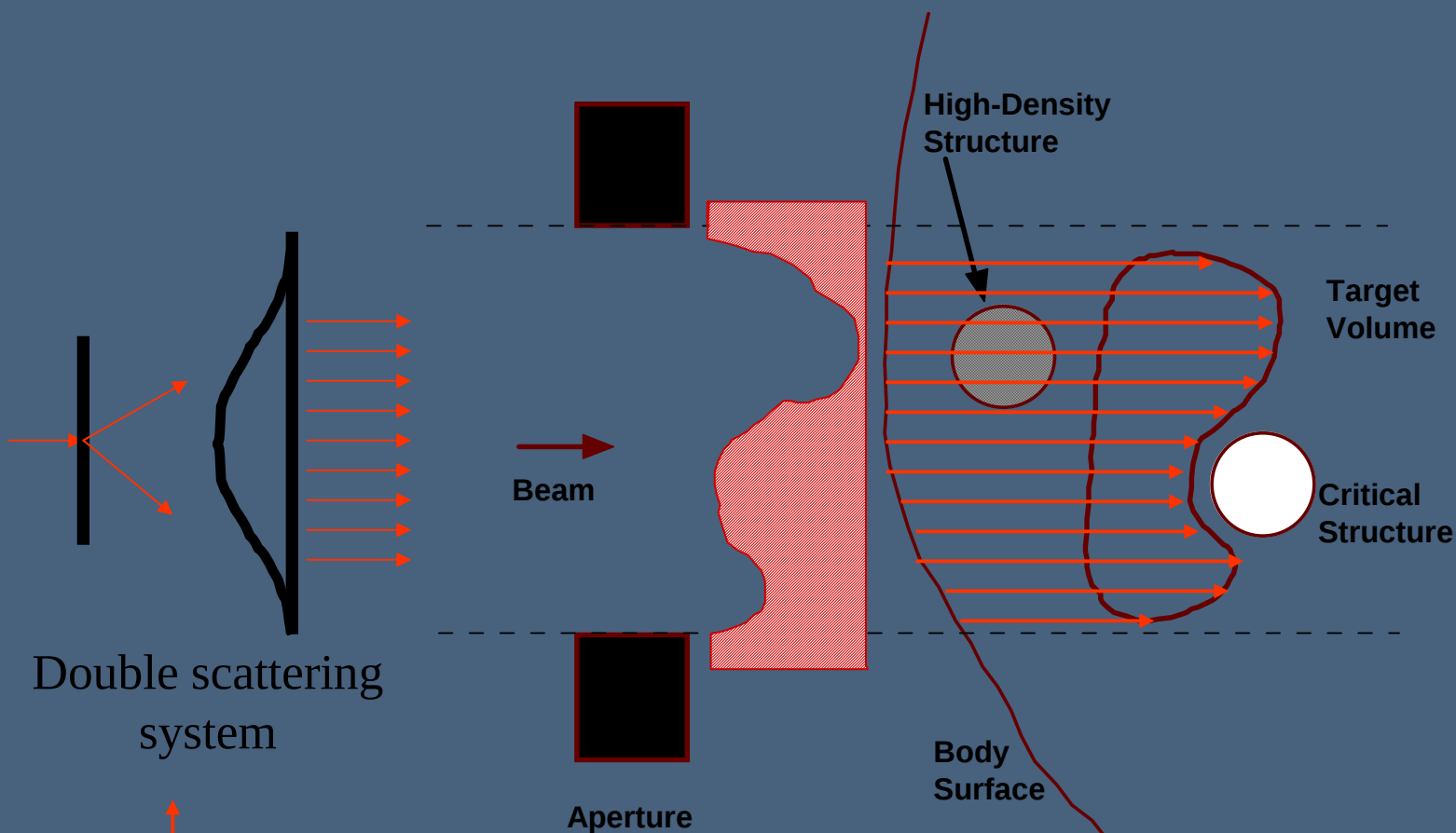
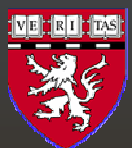
- **Neutron dose calculations**

 - Treatment head simulation

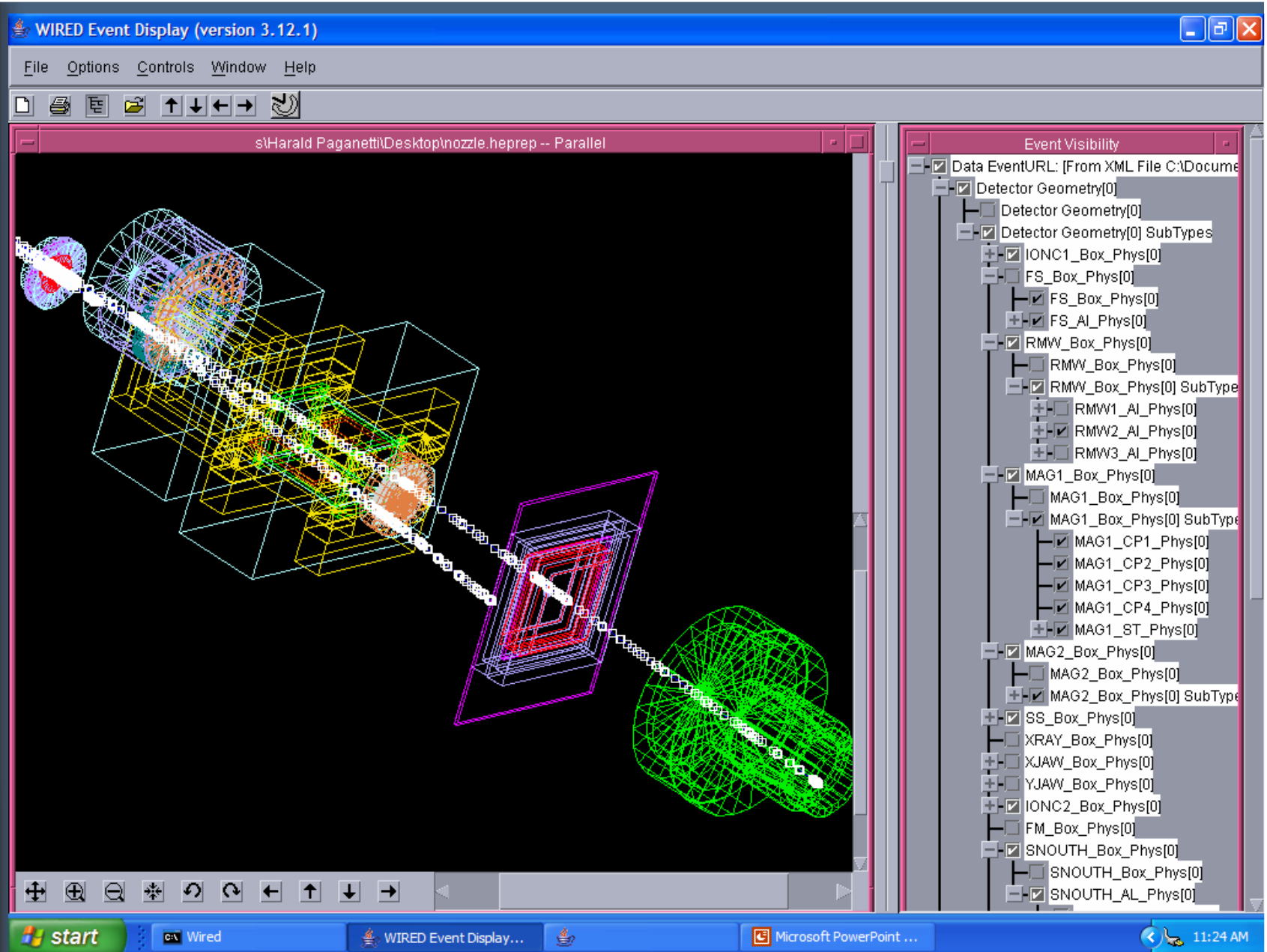
 - Patient simulations



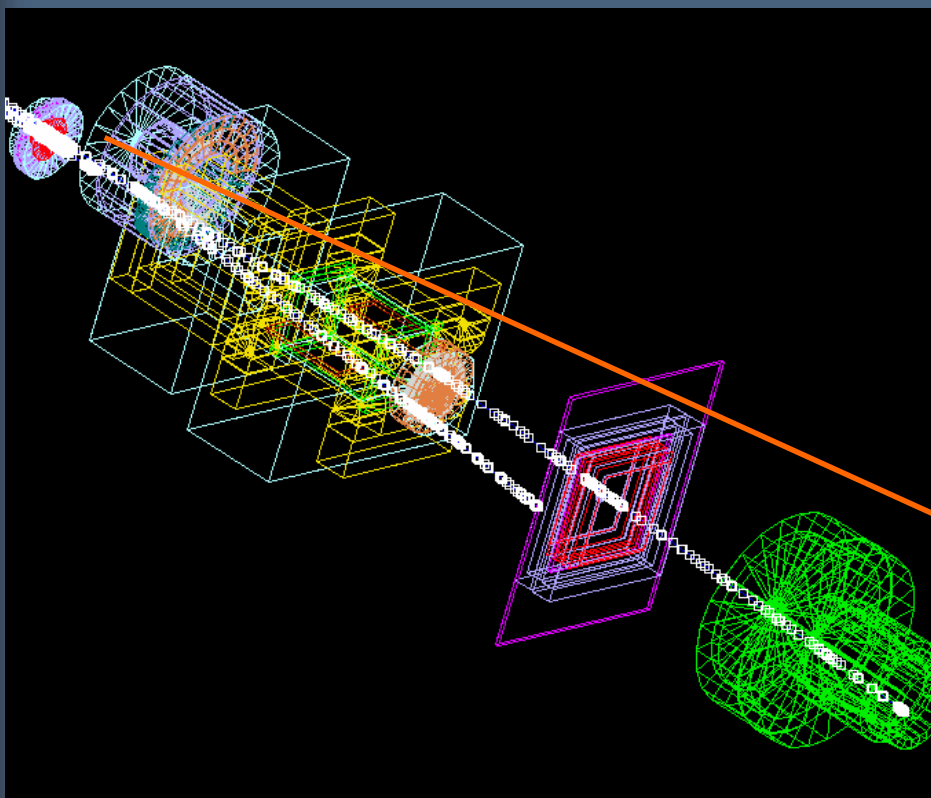
Treatment Head Simulation



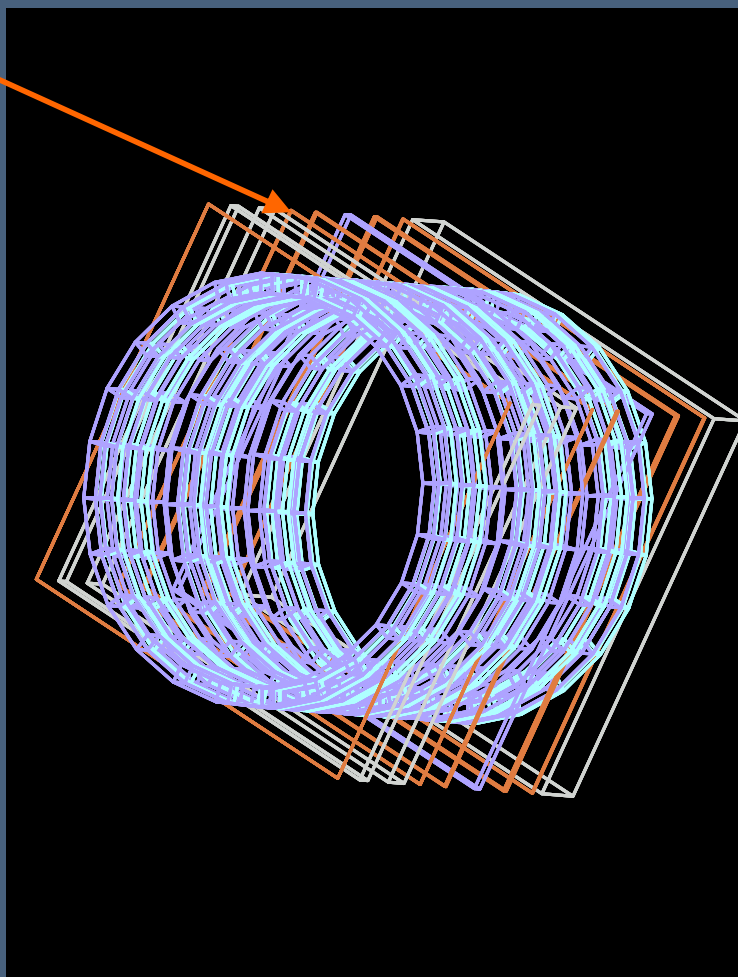
Treatment Head Simulation

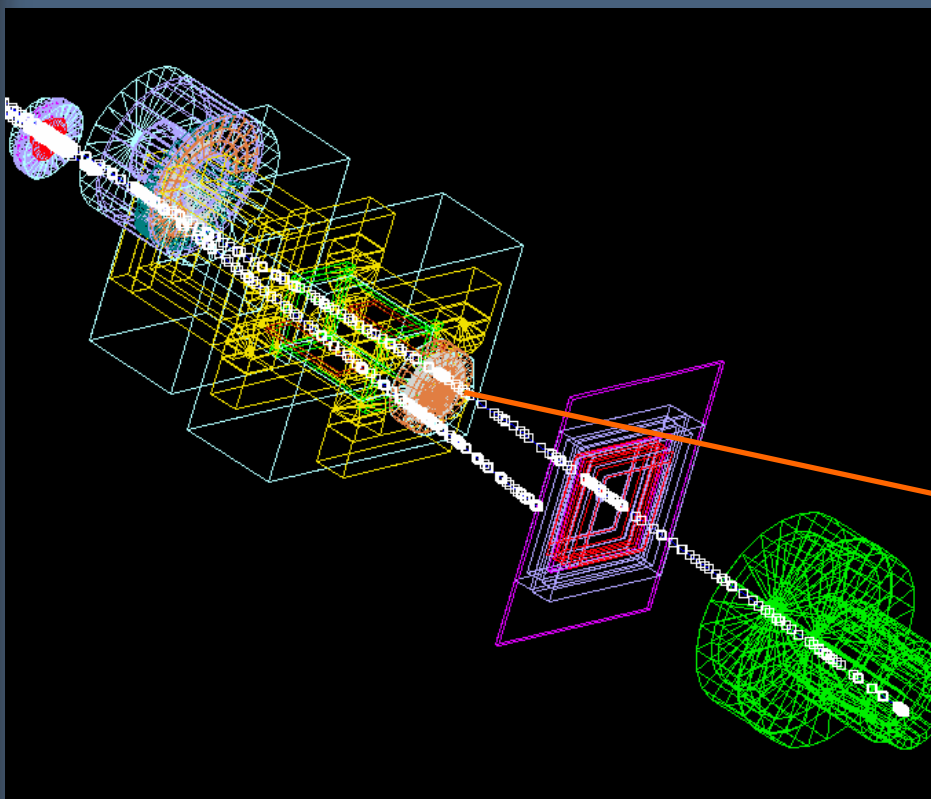


Monte Carlo model of the nozzle (~1000 objects)

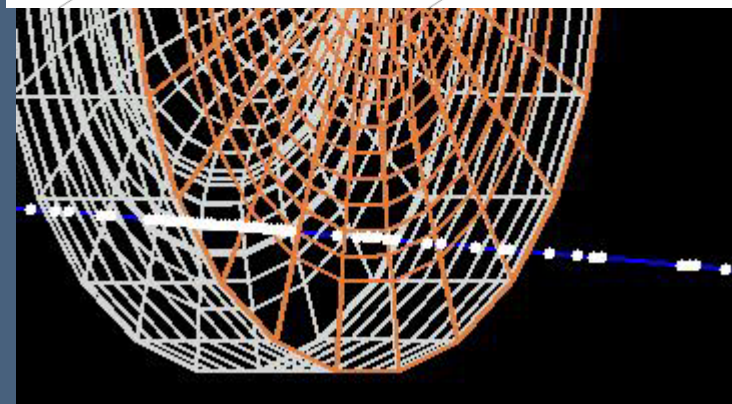
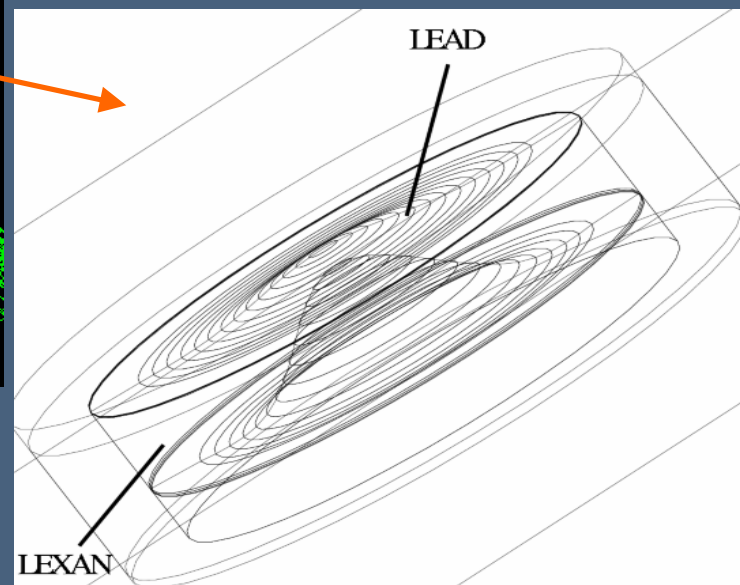


Monte Carlo model
of the nozzle at the
FHBPTC

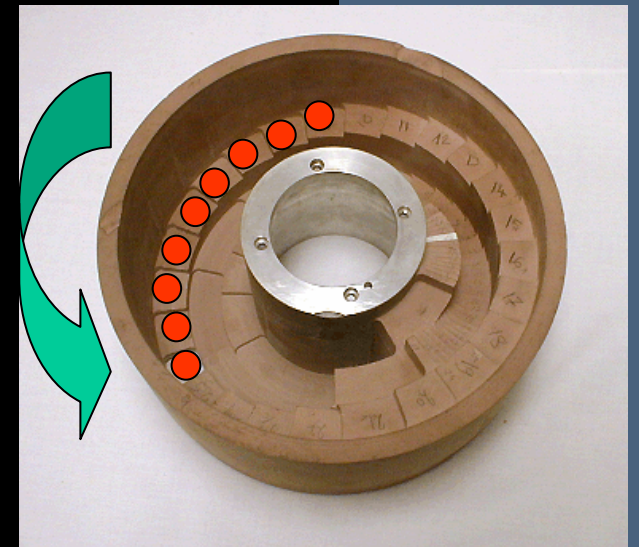
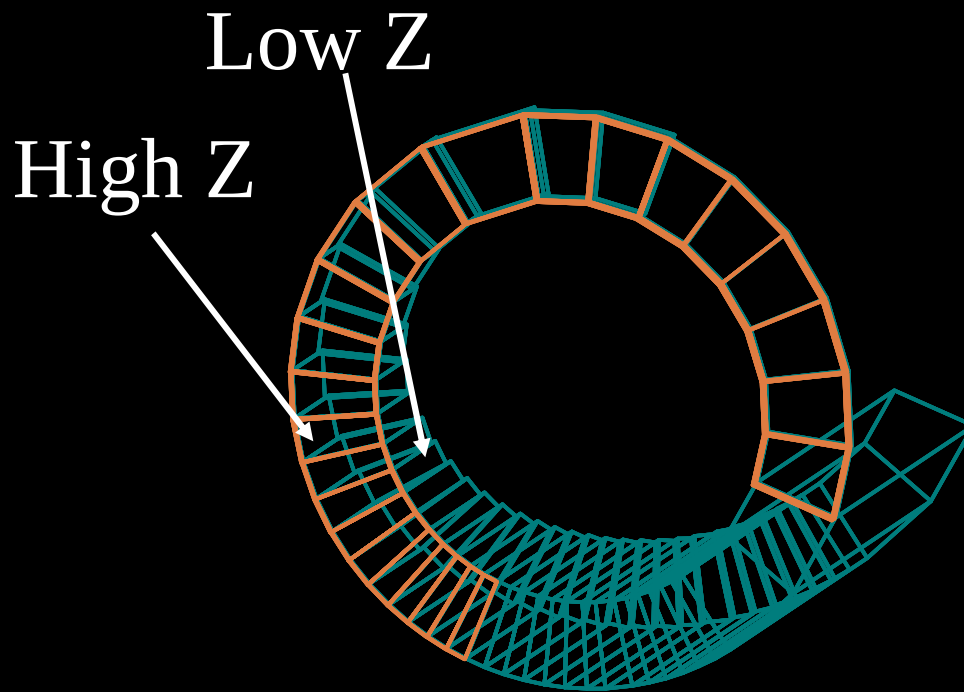




Monte Carlo model
of the nozzle at the
FHBPTC

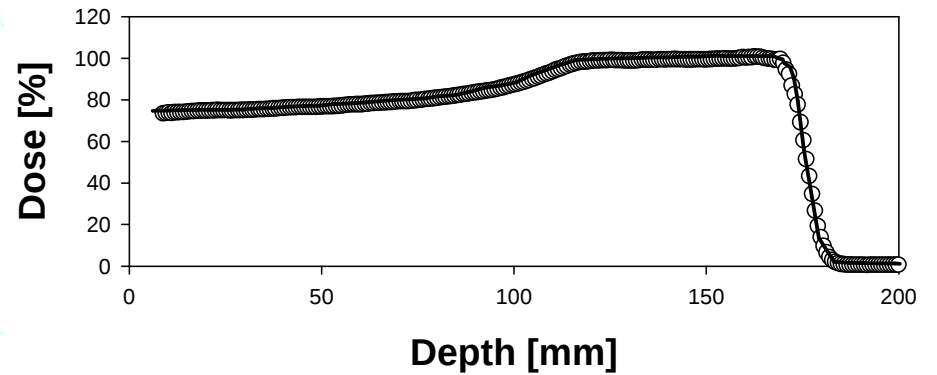
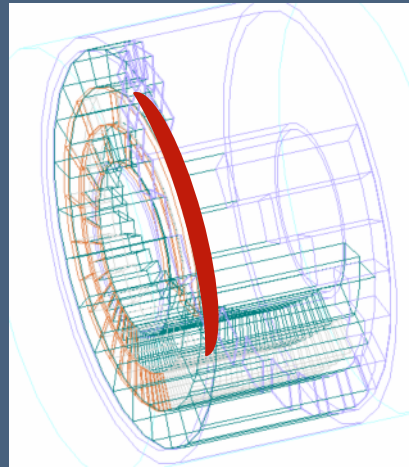


4D Monte Carlo: Geometry changes during the simulation via C++ class architecture

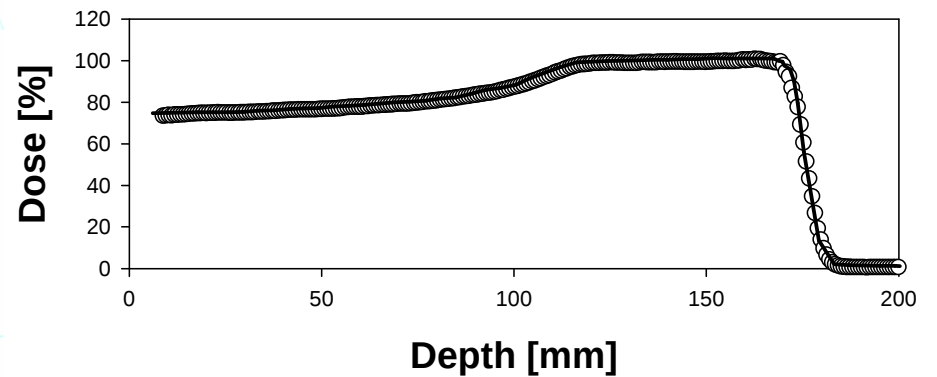
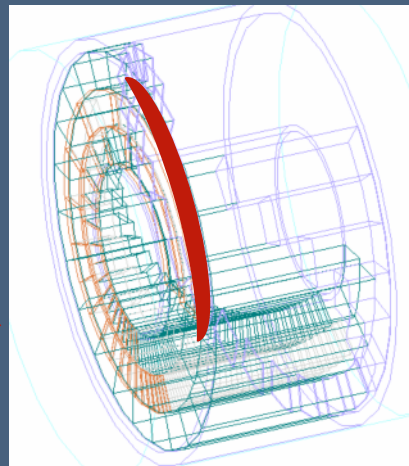


Range Modulator Wheel Issues

1. Beam Gating

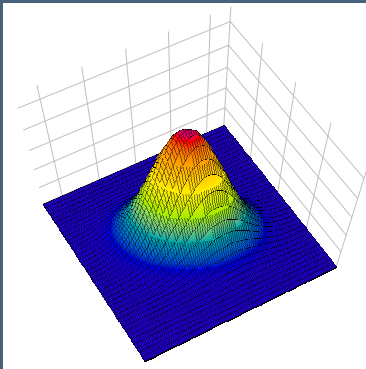


2. Beam Current Modulation



Parameters to characterize the beam at nozzle entrance

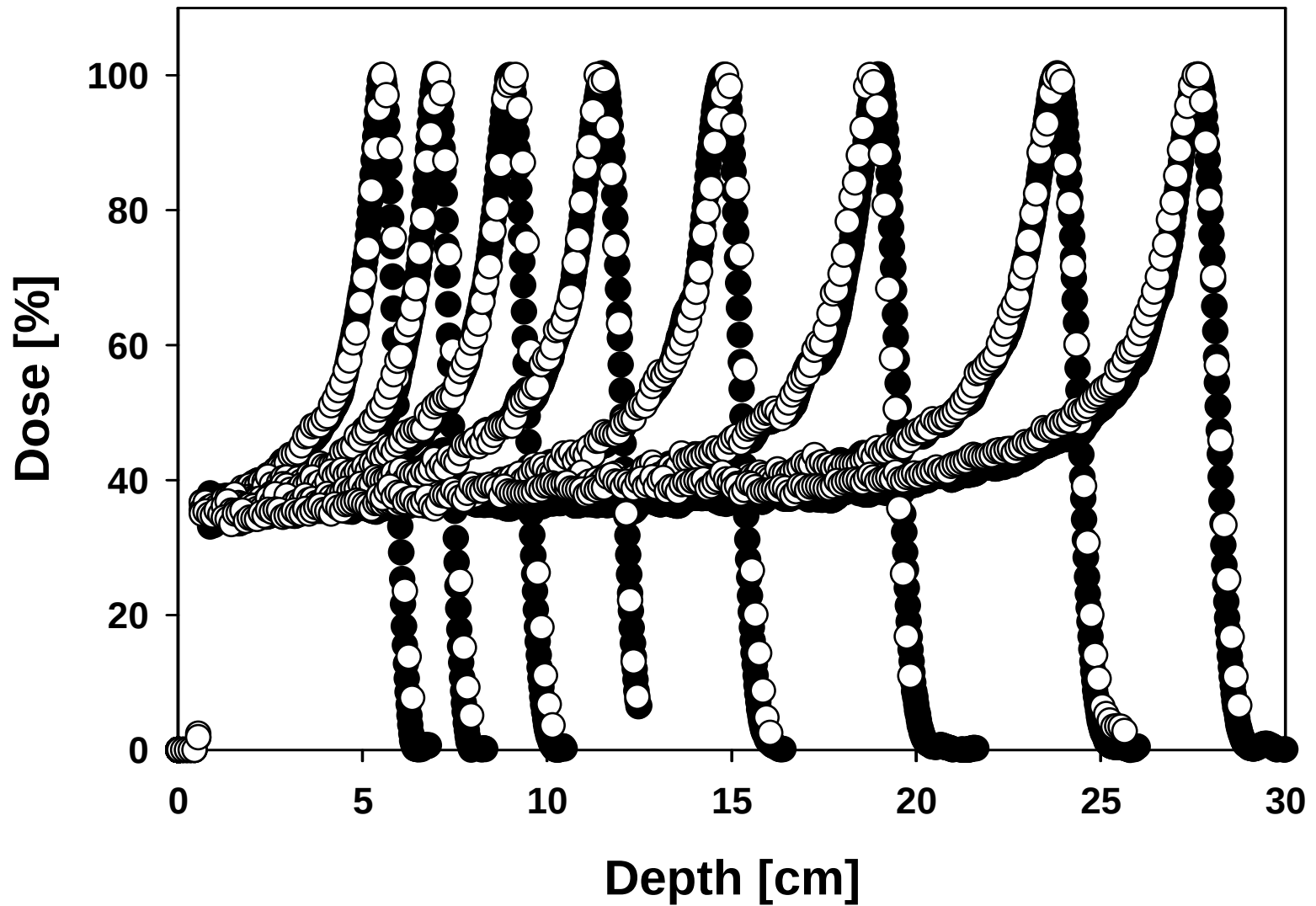
- | | |
|-------------------------|-------------------------------|
| 1. Beam size and spread | (IC measurement) |
| 2. Beam angular spread | (manufacturer info) |
| 3. Beam energy (range!) | (control system) |
| 4. Beam energy spread | (manufacturer info, measured) |



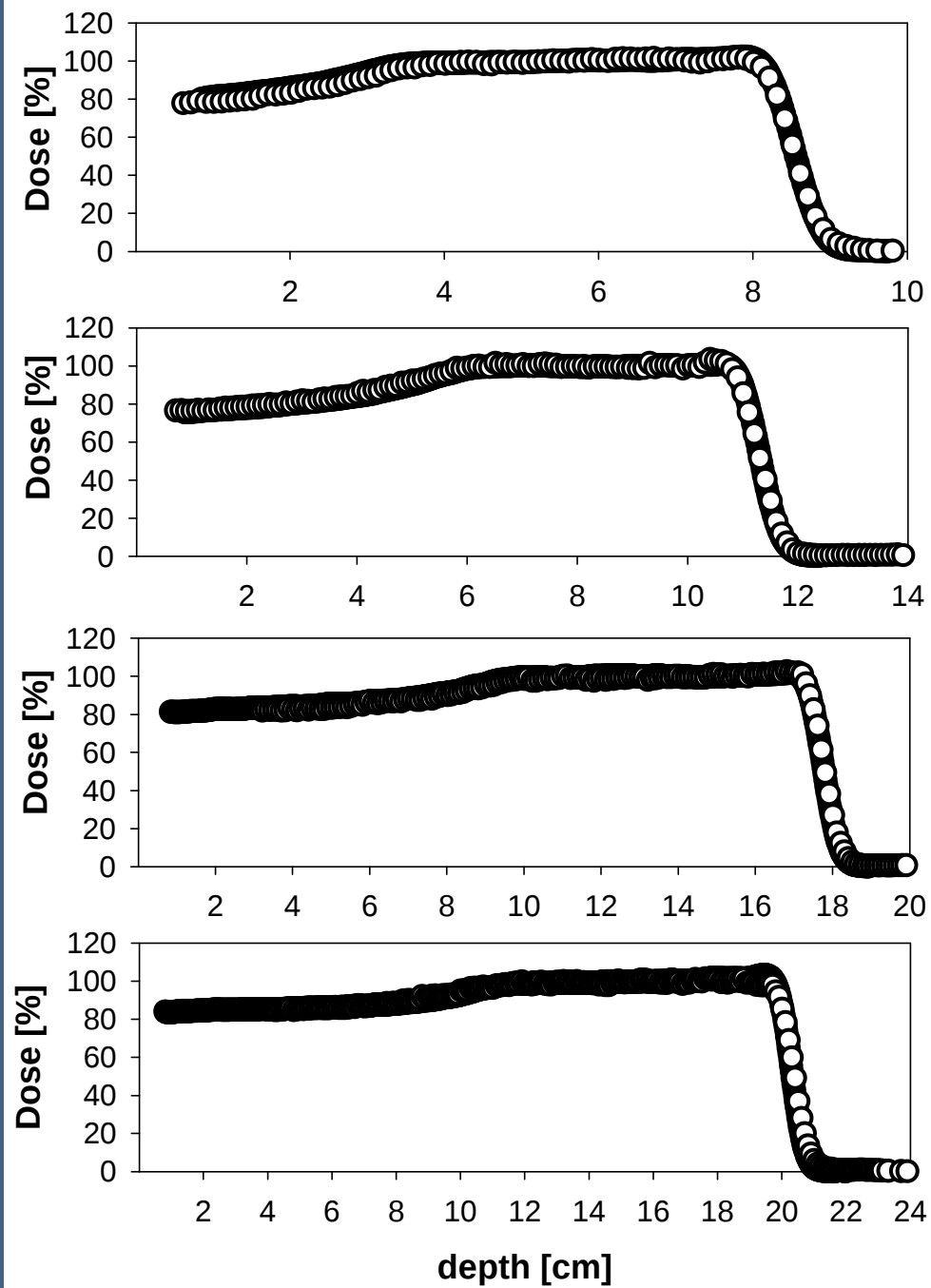
Are these parameters correlated ?



“Commissioning” of the Monte Carlo



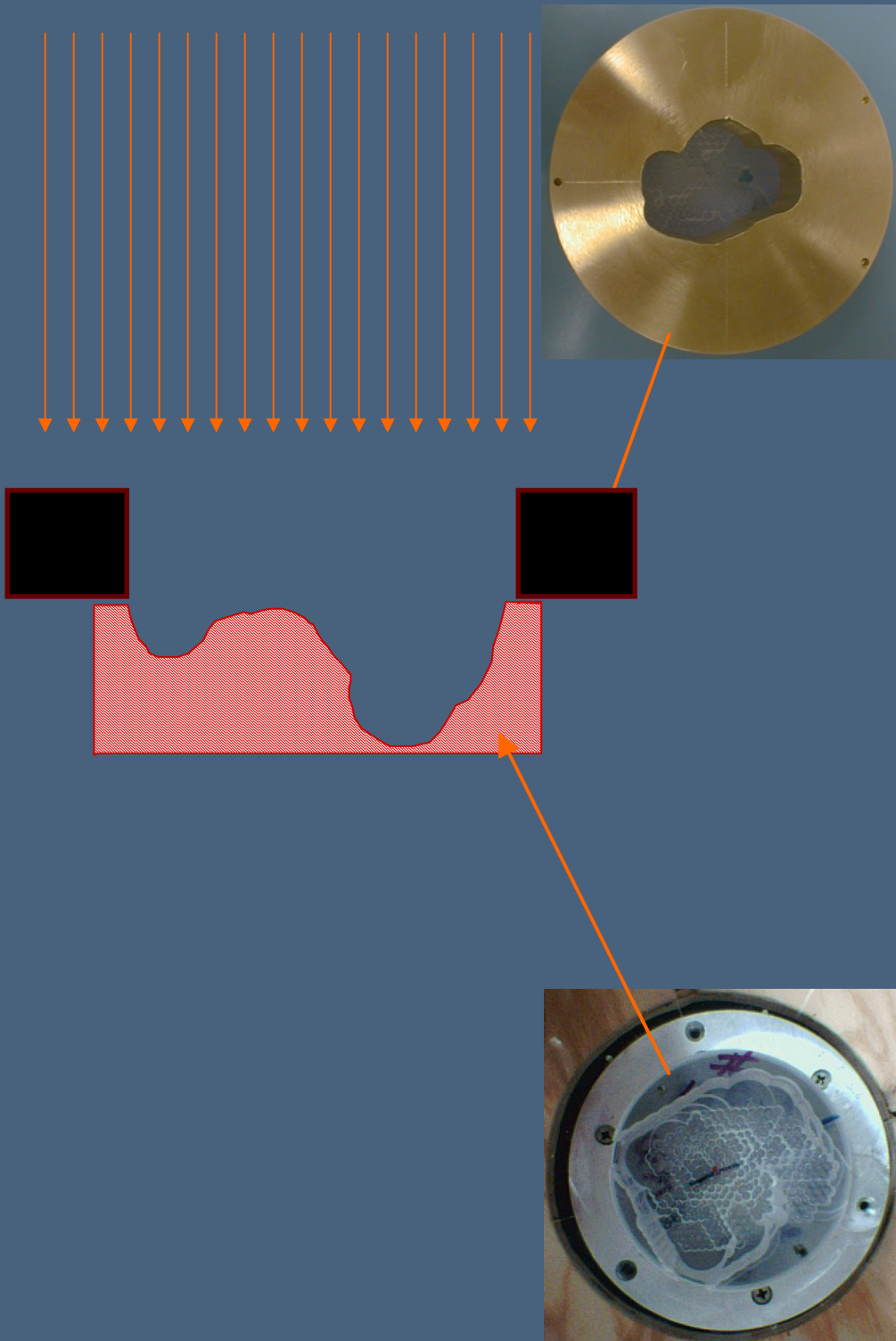
Treatment Head Simulation



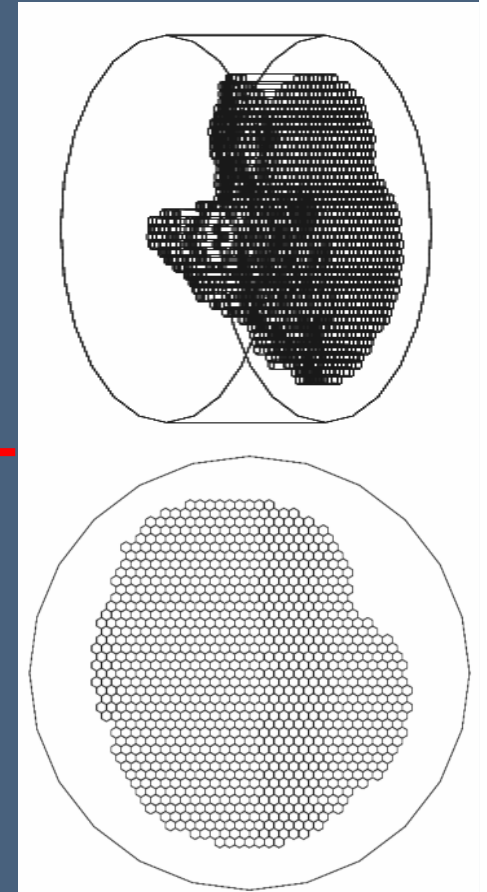
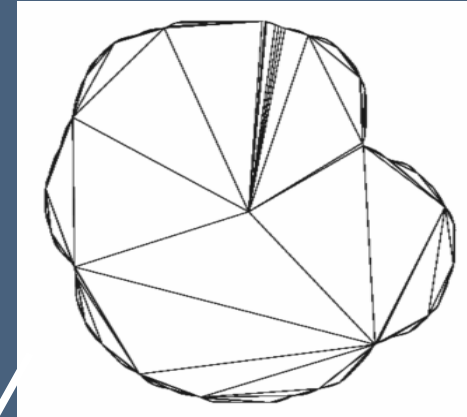
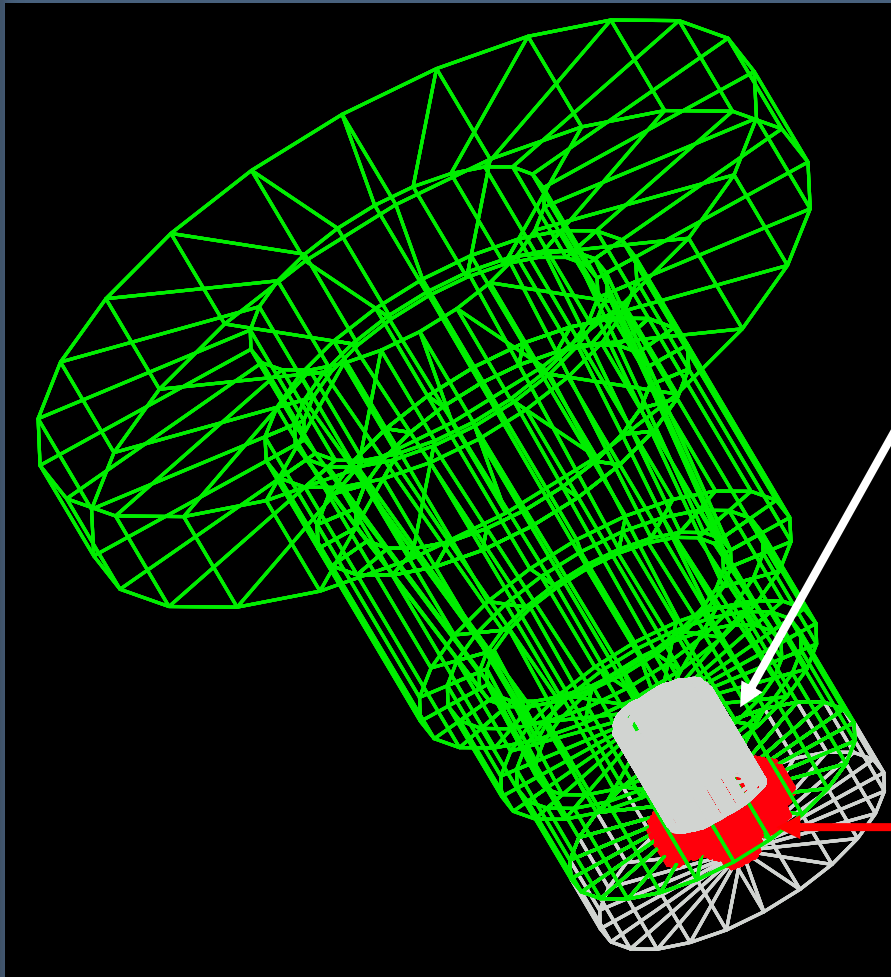


Treatment Head Simulation

Aperture and Compensator



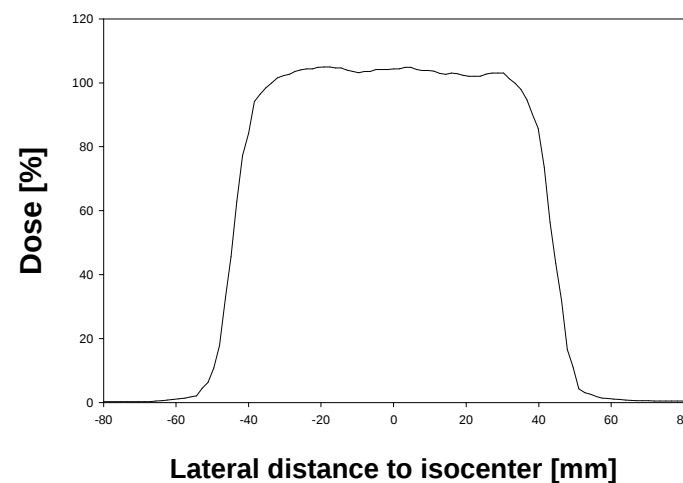
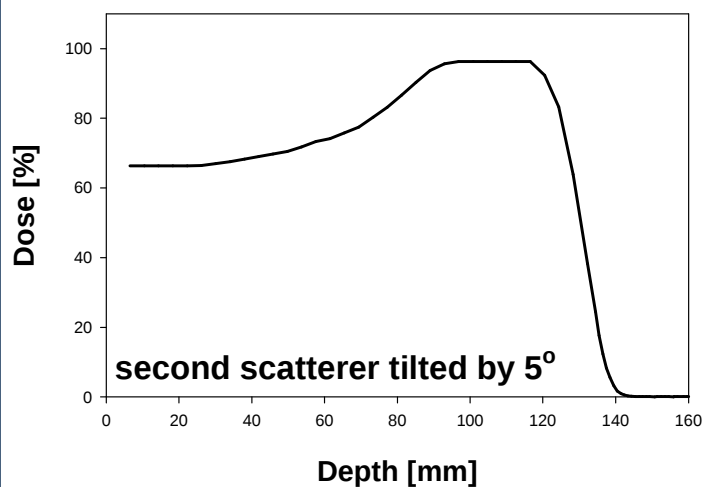
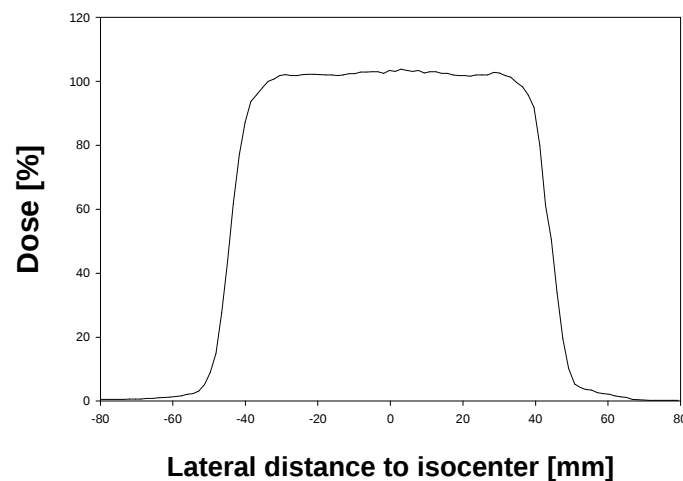
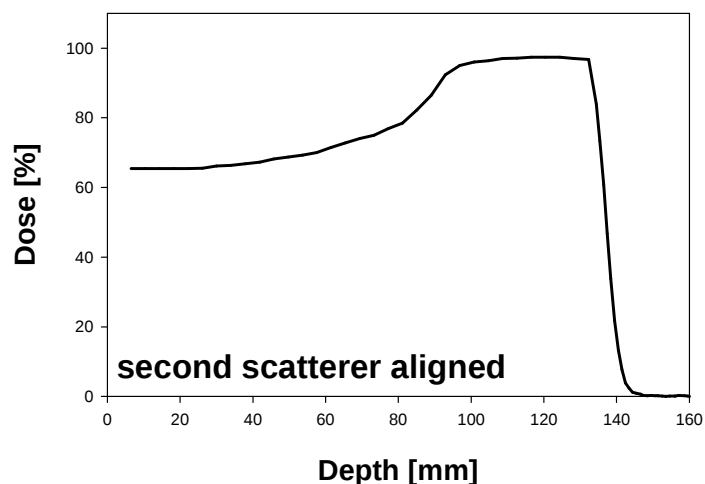
Aperture and Compensator

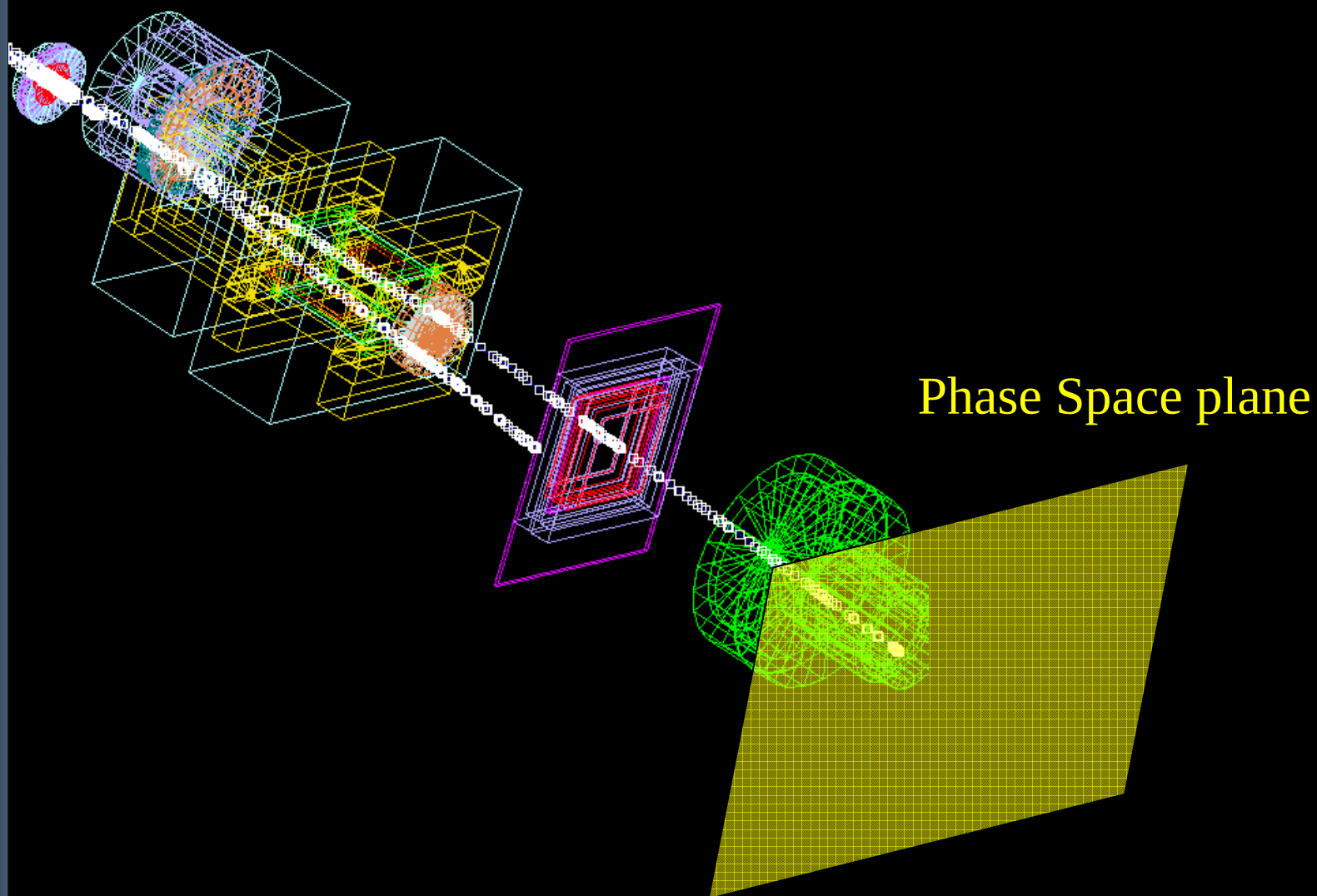


Monte Carlo simulation based
on milling machine files

Example: Quality Assurance / Tolerance Studies

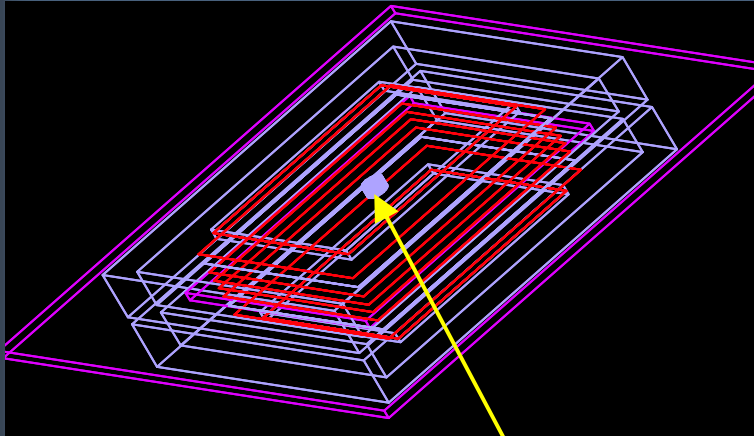
Alignment of second scatterer





Phase Space Format Example: (part, x, y, p_x , p_y , p_z , flags ...)

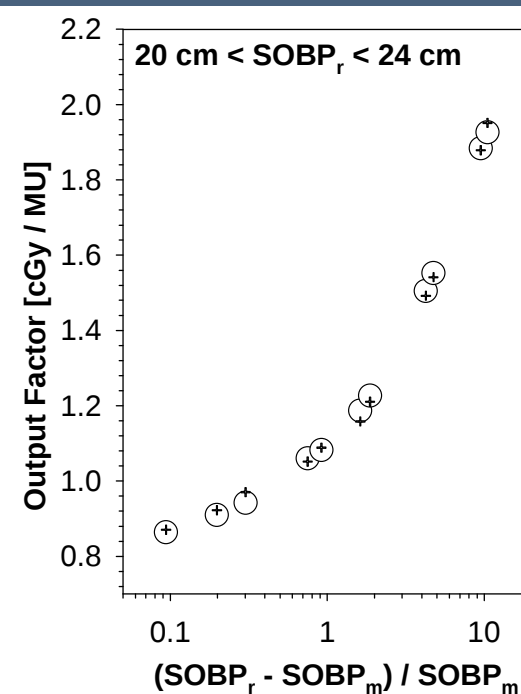
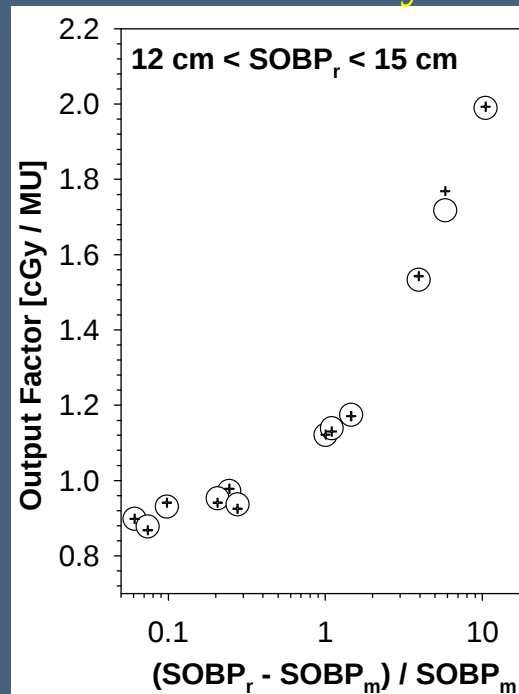
Absolute dosimetry (output factor prediction) by simulating the ionization chamber output charge



Volume for absolute dosimetry

$$\text{Output - Factor} \cong \frac{D_{\text{cal}}}{i_{\text{ic}}} \left[\frac{\text{cGy}}{\text{MU}} \right]$$

$$i_{\text{ic}} = \frac{e \cdot \epsilon_{\text{ic}}}{W_{\text{air}}} \times \iint \left(\frac{dE}{dx} \right)_{\text{air}} p \cdot d\xi dF$$



Monte Carlo dose calculation

- Simulate a large number of particle histories until all primary and secondary particles are absorbed or have left the calculation grid
- Calculate and store the amount of absorbed energy of each particle in each region (voxel)
- The statistical accuracy of the dose is determined by the number of particle histories



Patient information

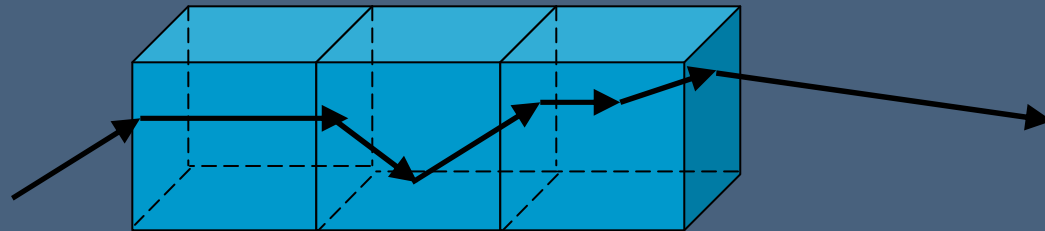
Example:

CT scan:

134 CT slices, 512×512 voxels/slice
 $0.488 \text{ mm} \times 0.488 \text{ mm} \times 1.25/2.5 \text{ mm}$

Treatment planning grid:

$2.0 \text{ mm} \times 2.0 \text{ mm} \times 2.5 \text{ mm}$



Challenges:

- Memory Consumption
- Many boundary crossings

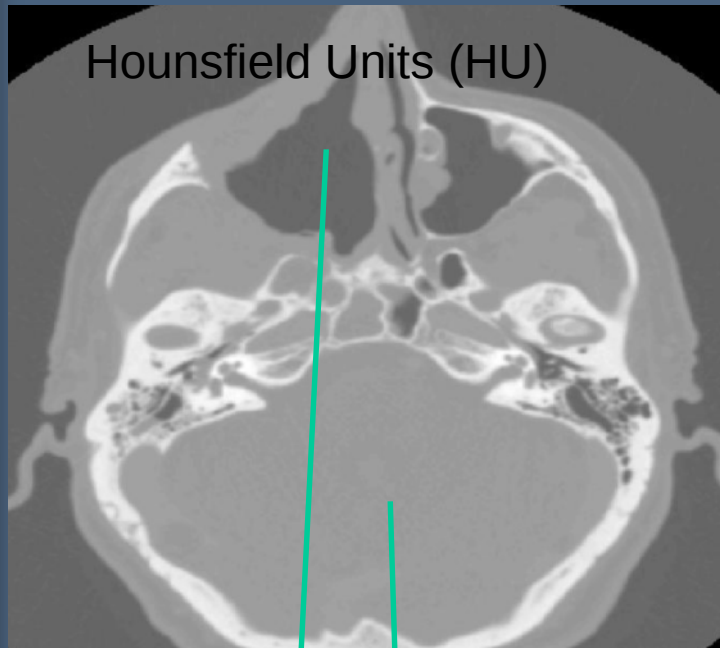


Slide 24

HP1

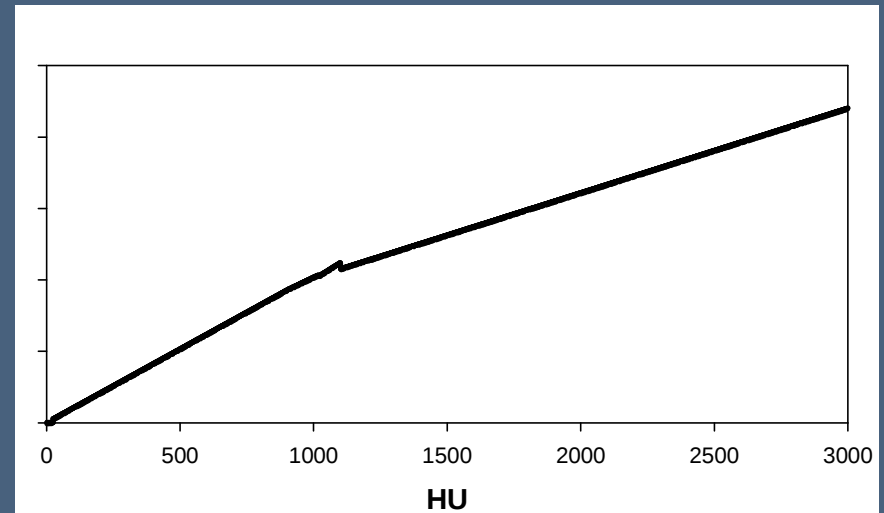
Harald Paganetti, 3/14/2008

CT conversion



Density; Material comp.

Density; Material comp.



Photon Planning System

HU versus electron density

→ Dose-to-water

Proton Planning System

HU versus rel. stopping power

→ Dose-to-water

Monte Carlo

HU versus mass density

HU versus material

→ Dose-to-medium (tissue)



– HU conversion –

Group	HU range	Density [g/cm3] (center of HU bin)	Density correction	Material composition weights [%]												
				H	C	N	O	Na	Mg	P	S	Cl	Ar	K	Ca	Ti
1	[; -951]	0.0270	1.051			75.5	23.2						1.3			
2	[-950 ; -121]	0.4800	0.977	10.3	10.5	3.1	74.9	0.2		0.2	0.3	0.3		0.2		
3	[-120 ; -83]	0.9264	0.948	11.6	68.1	0.2	19.8	0.1			0.1	0.1				
4	[-82 ; -53]	0.9577	0.958	11.3	56.7	0.9	30.8	0.1			0.1	0.1				
5	[-52 ; -23]	0.9845	0.968	11.0	45.8	1.5	41.1	0.1		0.1	0.2	0.2				
6	[-22 ; 7]	1.0113	0.976	10.8	35.6	2.2	50.9			0.1	0.2	0.2				
7	[8 ; 18]	1.0296	0.983	10.6	28.4	2.6	57.8			0.1	0.2	0.2		0.1		
8	[19 ; 79]	1.0609	0.993	10.3	13.4	3.0	72.3	0.2		0.2	0.2	0.2		0.2		
9	[80 ; 119]	1.1199	0.971	9.4	20.7	6.2	62.2	0.6			0.6	0.3				
10	[120 ; 199]	1.1117	1.002	9.5	45.5	2.5	35.5	0.1		2.1	0.1	0.1		0.1	4.5	
11	[200 ; 299]	1.1650	1.005	8.9	42.3	2.7	36.3	0.1		3.0	0.1	0.1		0.1	6.4	
12	[300 ; 399]	1.2244	1.010	8.2	39.1	2.9	37.2	0.1		3.9	0.1	0.1		0.1	8.3	
13	[400 ; 499]	1.2834	1.014	7.6	36.1	3.0	38.0	0.1	0.1	4.7	0.2	0.1			0.1	
14	[500 ; 599]	1.3426	1.018	7.1	33.5	3.2	38.7	0.1	0.1	5.4	0.2				11.7	
15	[600 ; 699]	1.4018	1.021	6.6	31.0	3.3	39.4	0.1	0.1	6.1	0.2				13.2	
16	[700 ; 799]	1.4610	1.025	6.1	28.7	3.5	40.0	0.1	0.1	6.7	0.2				14.6	
17	[800 ; 899]	1.5202	1.030	5.6	26.5	3.6	40.5	0.1	0.2	7.3	0.3				15.9	
18	[900 ; 999]	1.5794	1.033	5.2	24.6	3.7	41.1	0.1	0.2	7.8	0.3				17.0	
19	[1000 ; 1099]	1.6386	1.035	4.9	22.7	3.8	41.6	0.1	0.2	8.3	0.3				18.1	
20	[1100 ; 1199]	1.6978	1.038	4.5	21.0	3.9	42.0	0.1	0.2	8.8	0.3				19.2	
21	[1200 ; 1299]	1.7570	1.041	4.2	19.4	4.0	42.5	0.1	0.2	9.2	0.3				20.1	
22	[1300 ; 1399]	1.8162	1.043	3.9	17.9	4.1	42.9	0.1	0.2	9.6	0.3				21.0	
23	[1400 ; 1499]	1.8754	1.046	3.6	16.5	4.2	43.2	0.1	0.2	10.0	0.3				21.9	
24	[1500 ; 1599]	1.9346	1.048	3.4	15.5	4.2	43.5	0.1	0.2	10.3	0.3				22.5	
25	[1600 ; 1999]	2.0826	1.042	3.4	15.5	4.2	43.5	0.1	0.2	10.3	0.3				22.5	
26	[2000 ; 3060]	2.4655	1.049	3.4	15.5	4.2	43.5	0.1	0.2	10.3	0.3				22.5	
27	[3061 ;]	4.5400	1.000													100.0

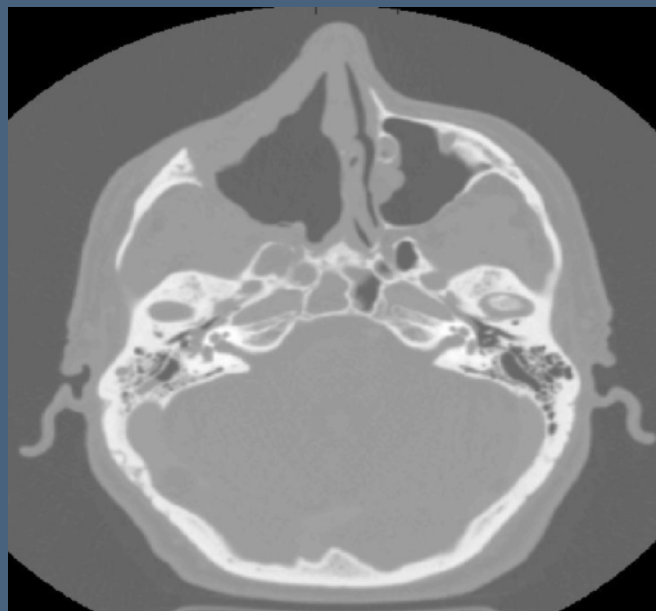
HU space is divided into 27 groups with members of each group sharing the same element composition but differ in mass density (4000 densities)



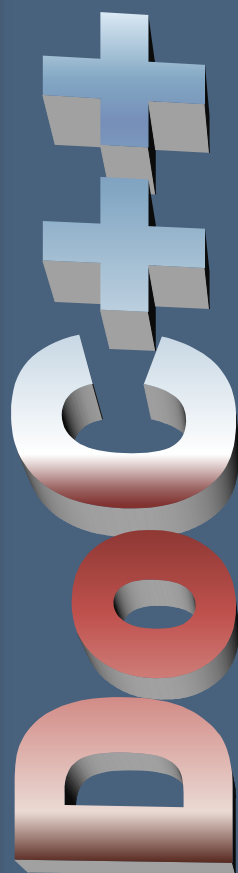
Gantry Angle

Position XYZ
Rotation
Pitch
Roll

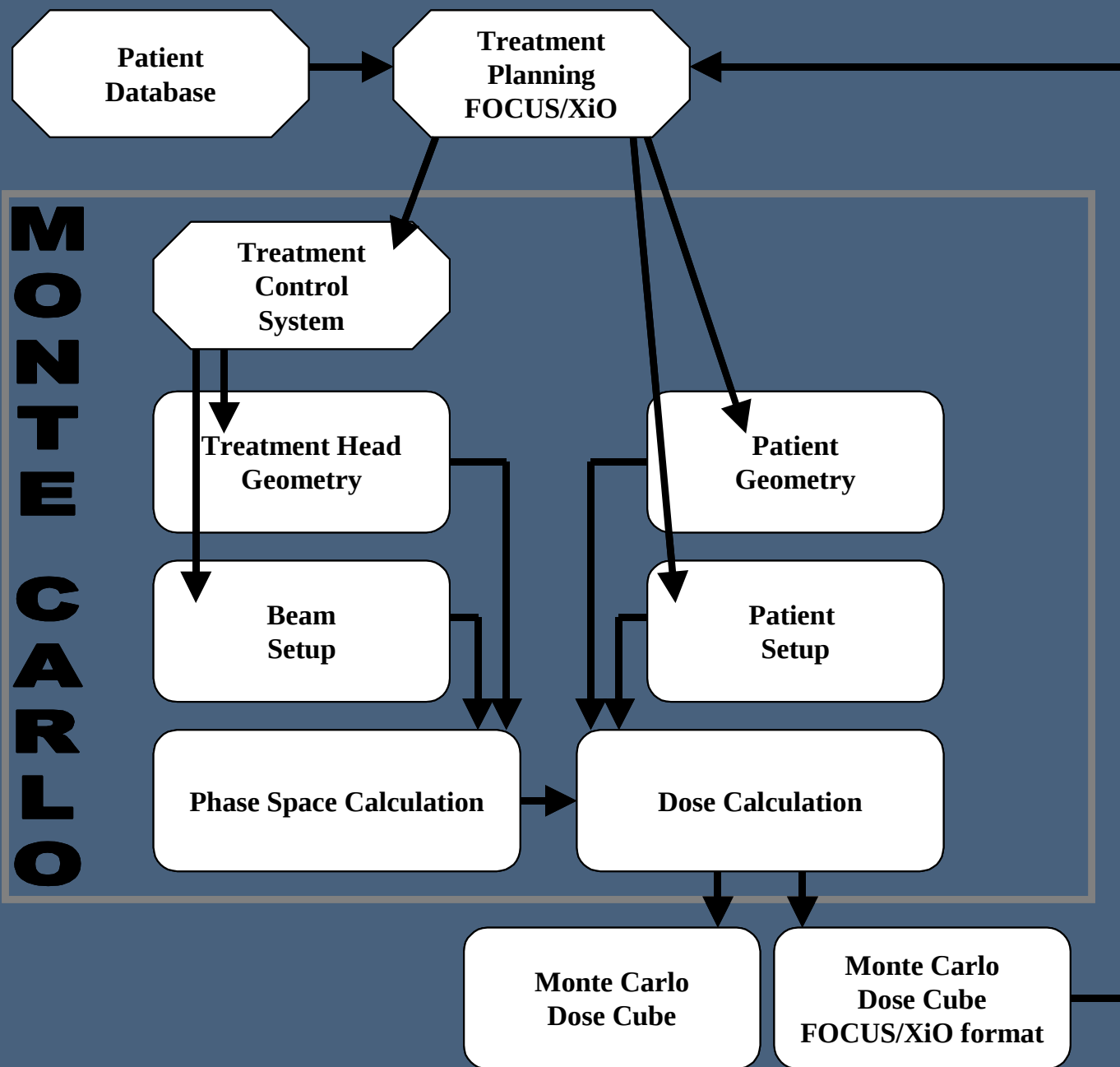
Air Gap



	Gantry	Couch	ISO
AP1A	0°	0°	1
AS1A	65°	270°	1
RS1A	305°	50°	1
RA1A	295°	0°	2
RS2A	300°	60°	2
AS2B	90°	270°	3



MONTÉ CARLO



Example 1

Clinical Examples

Case 1:

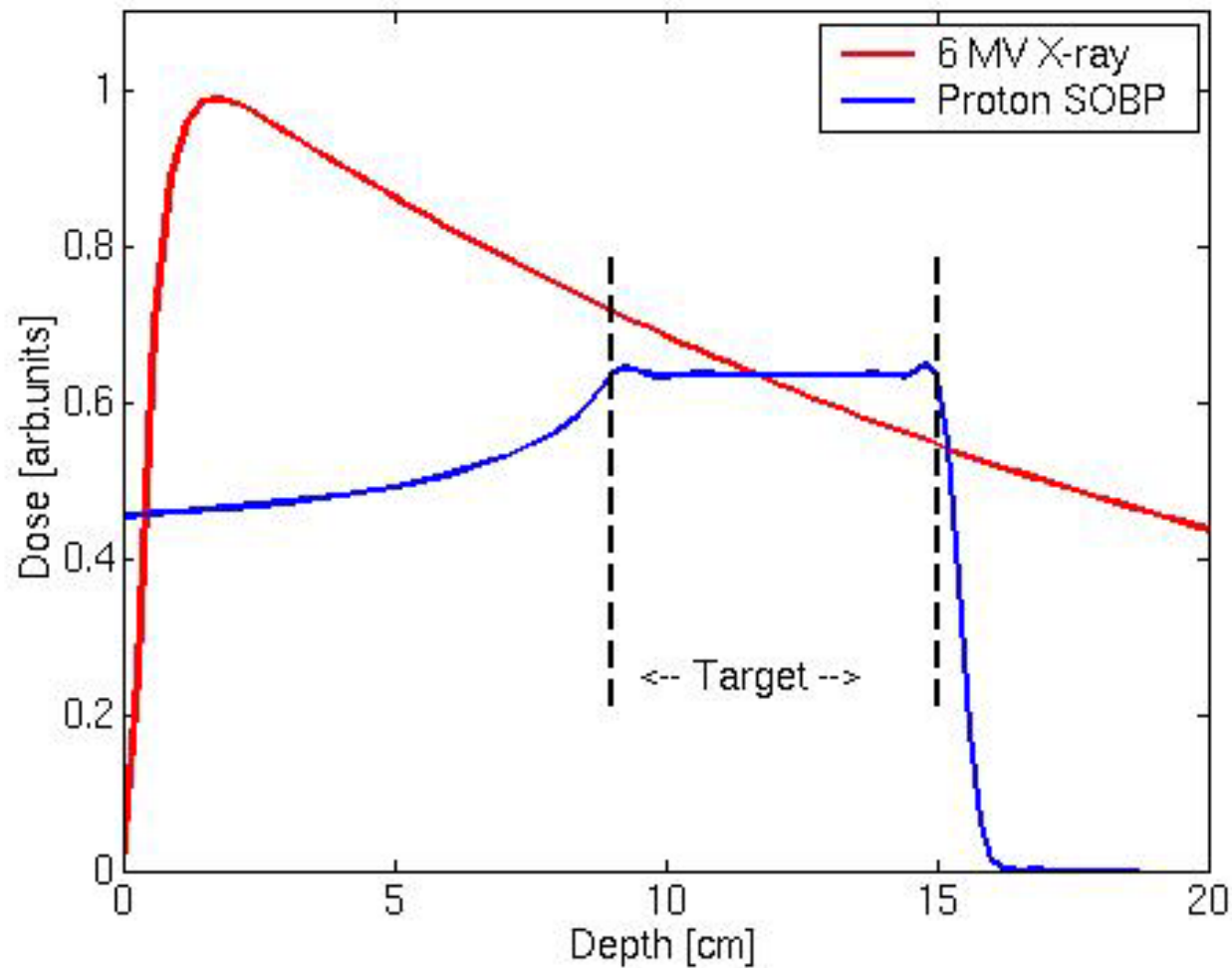
Para-spinal tumor

176 x 147 x 126 slices

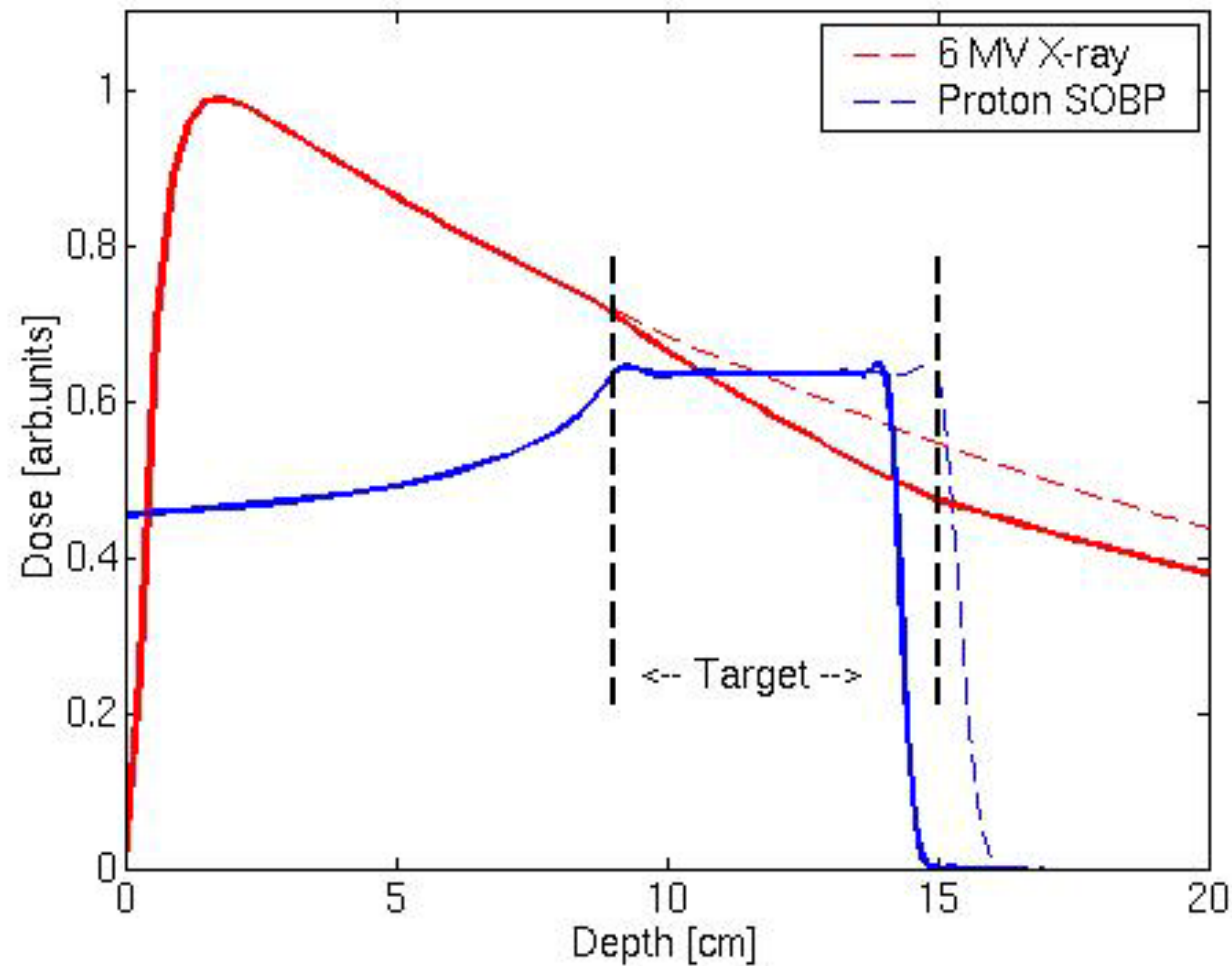
voxels: $0.932 \times 0.932 \times 2.5-3.75 \text{ mm}^3$



Proton dose in the presence of range uncertainty



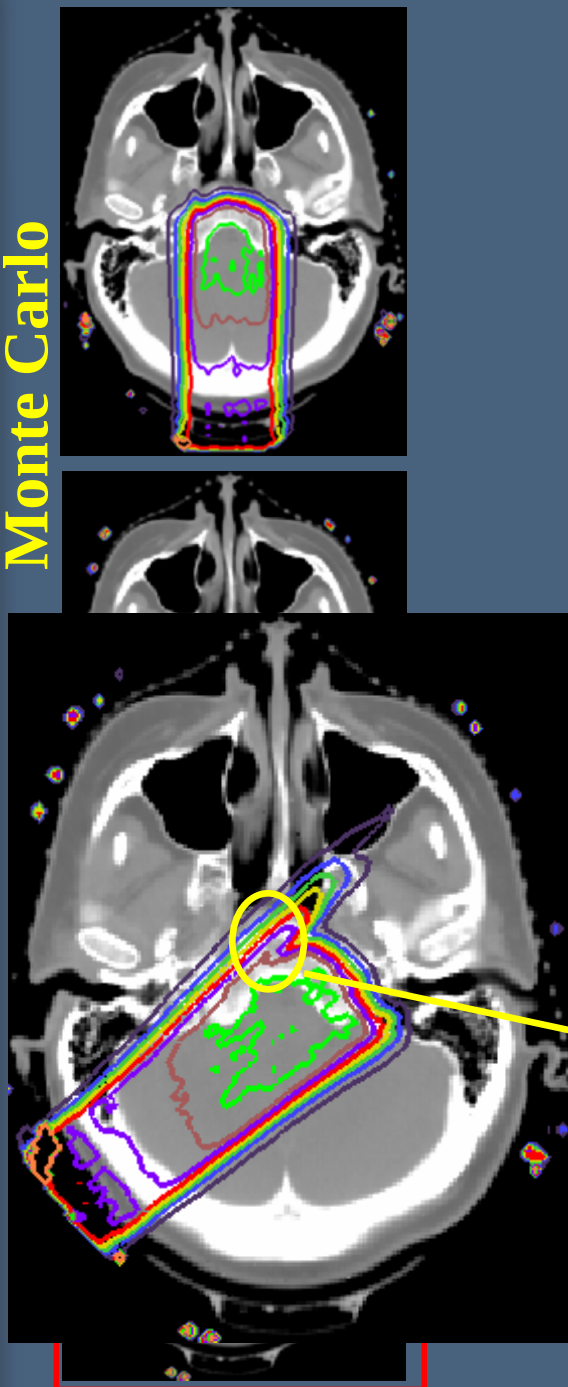
Proton dose in the presence of range uncertainty



Clinical Examples



Monte Carlo



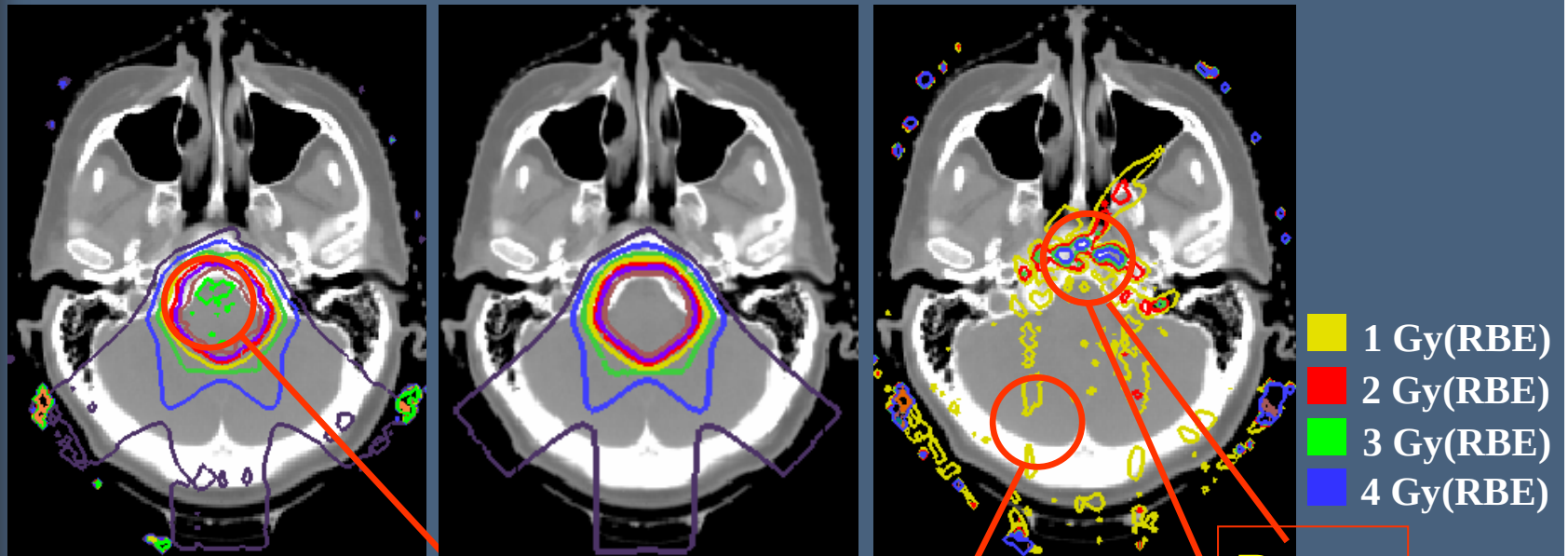
Pencil Beam



- 1 Gy(RBE)
- 3 Gy(RBE)
- 5 Gy(RBE)
- 7 Gy(RBE)
- 9 Gy(RBE)
- 11 Gy(RBE)
- 13 Gy(RBE)
- 15 Gy(RBE)
- 17 Gy(RBE)

Range

Clinical Examples



Range

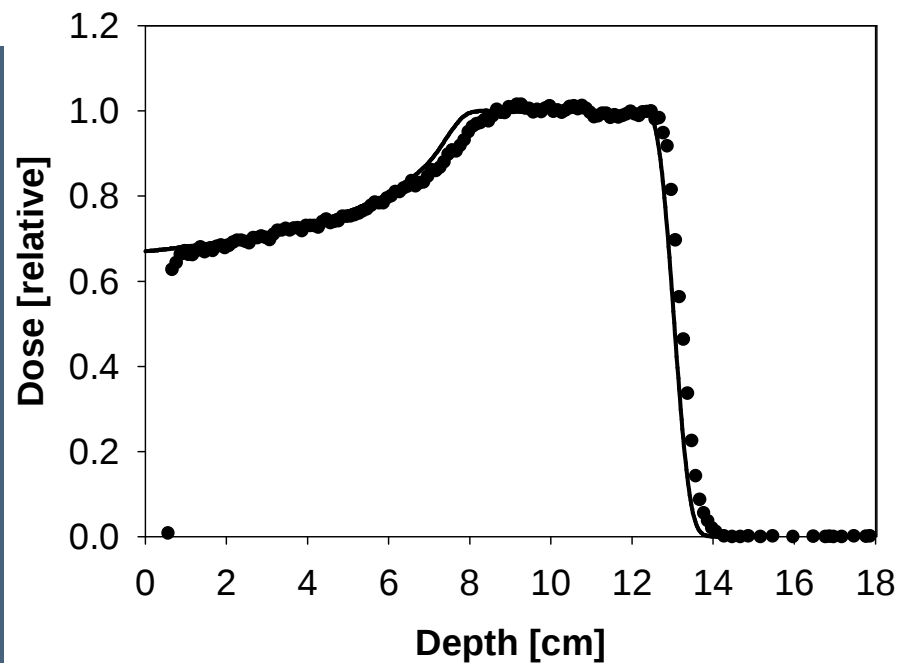
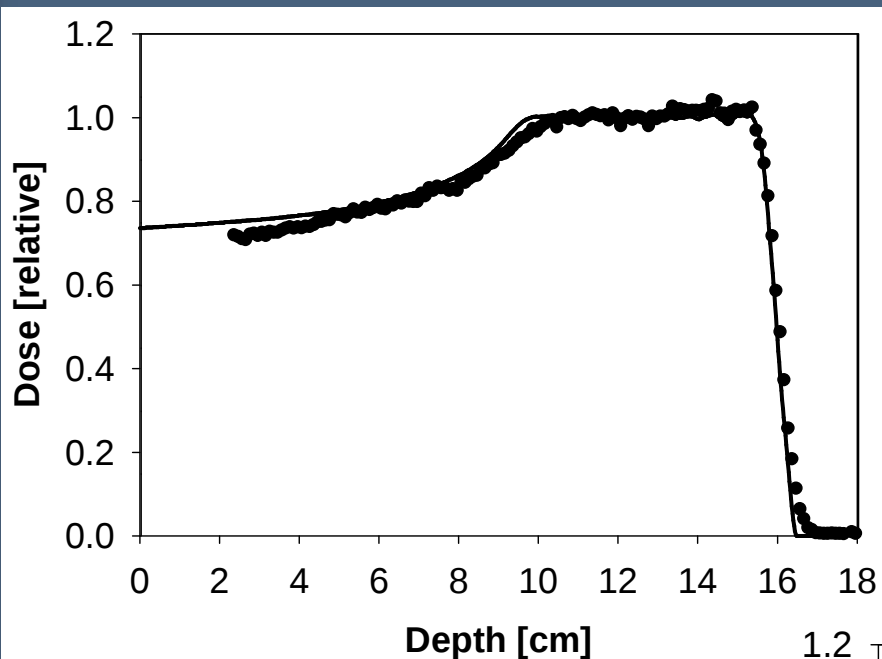
Penumbra

Dose-to-water
Dose-to-tissue

Dose homogeneity

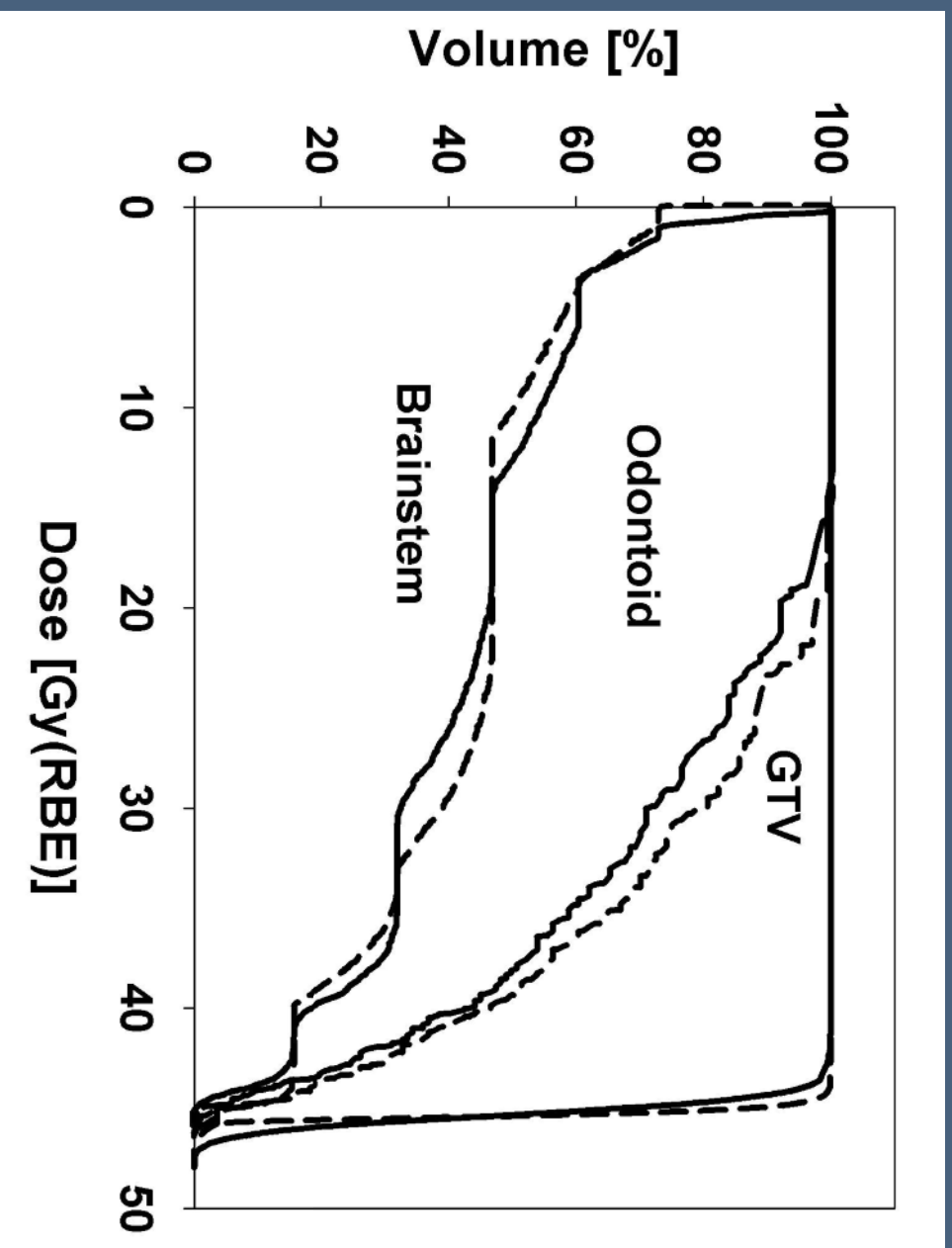
- 10 Gy(RBE)
- 20 Gy(RBE)
- 30 Gy(RBE)
- 35 Gy(RBE)
- 40 Gy(RBE)
- 42 Gy(RBE)
- 44 Gy(RBE)
- 46 Gy(RBE)
- 48 Gy(RBE)

Planned SOBP versus delivered SOBP



Total DVH

Clinical Examples



MC ———

XiO - - - -



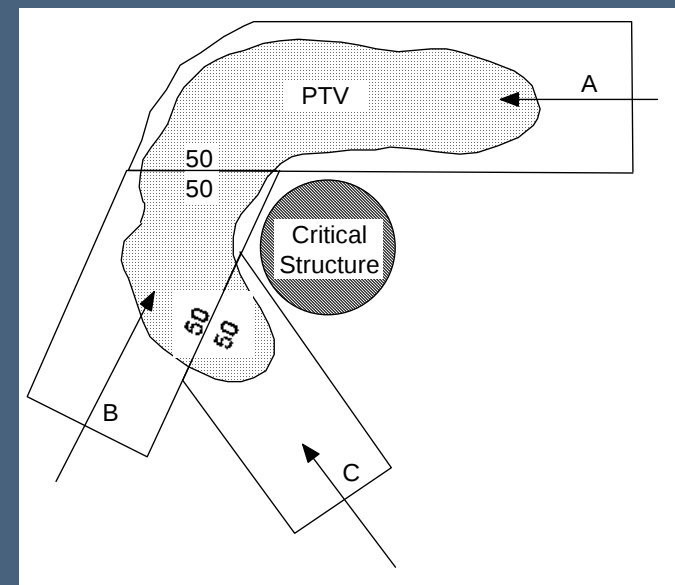
Example 2

Case 3:

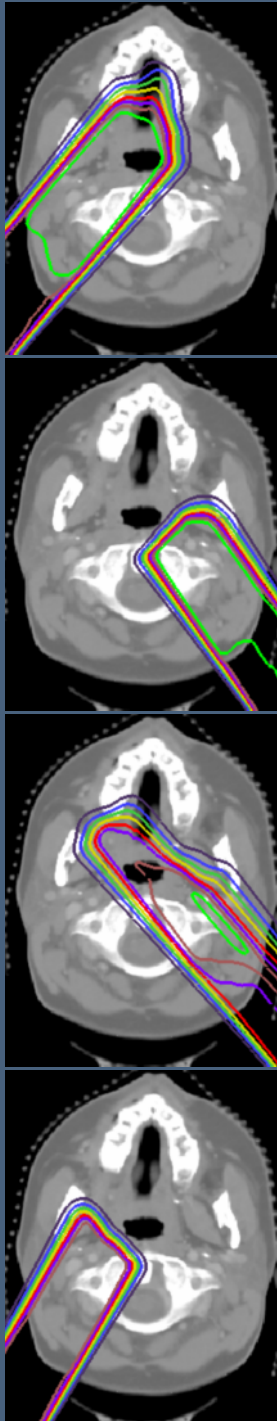
Maxillary sinus

121x121x101 slices

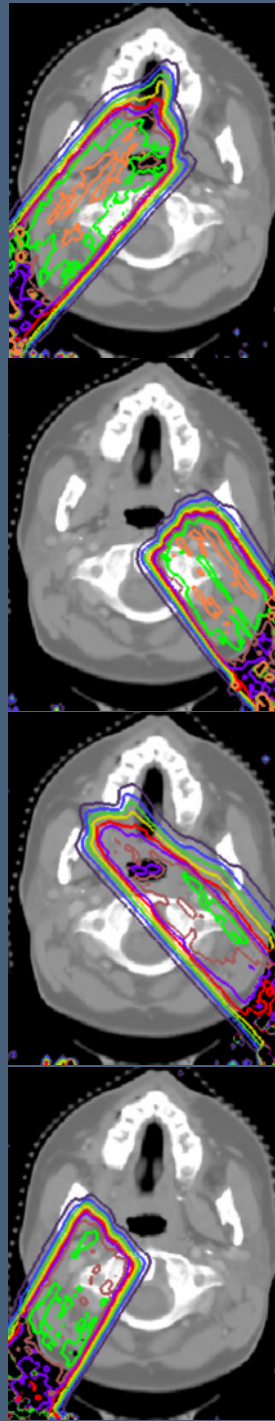
voxels: $0.656 \times 0.656 \times 1.25-3.75 \text{ mm}^3$



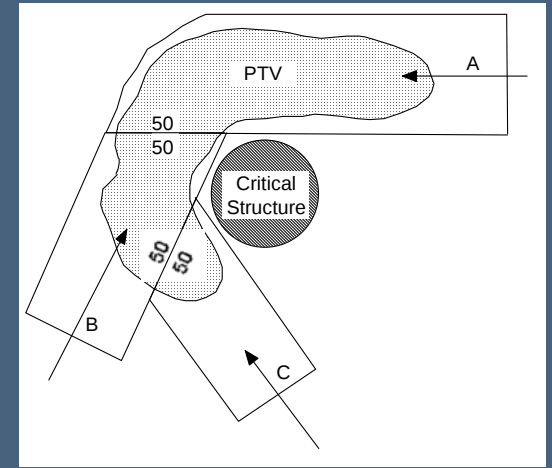
Clinical Examples



Monte Carlo



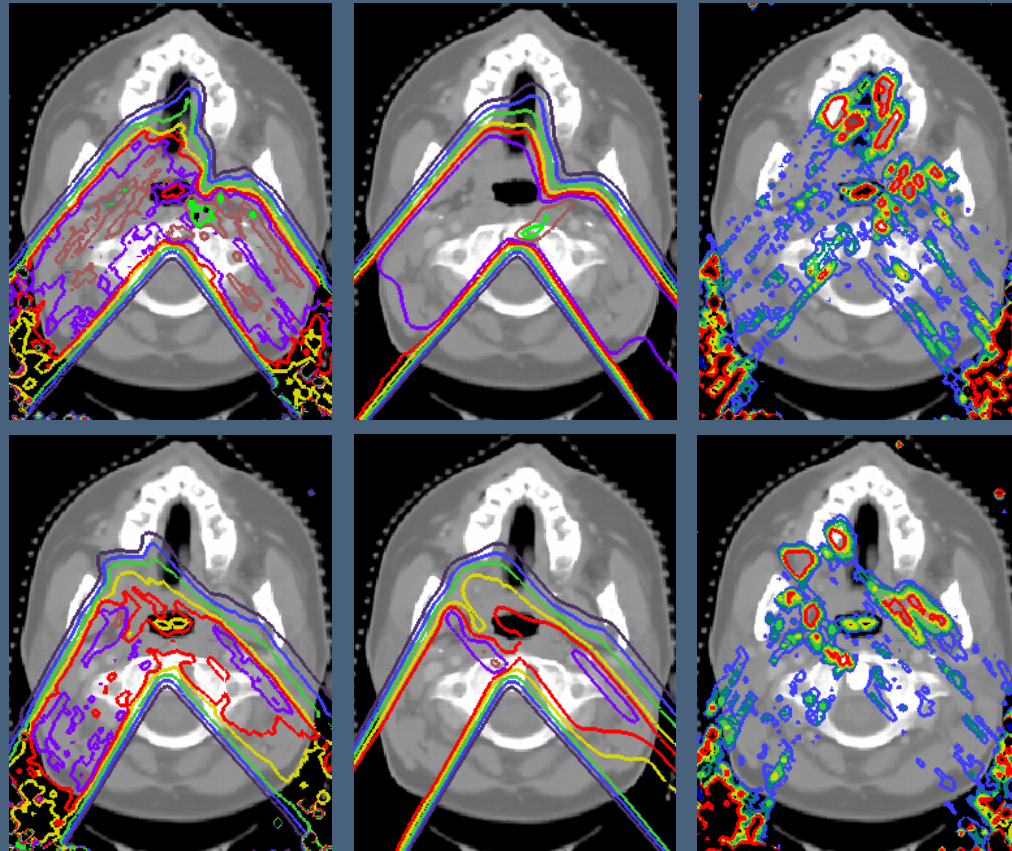
Pencil Beam



- 2 Gy(RBE)
- 6 Gy(RBE)
- 10 Gy(RBE)
- 14 Gy(RBE)
- 18 Gy(RBE)
- 20 Gy(RBE)
- 22 Gy(RBE)
- 24 Gy(RBE)
- 26 Gy(RBE)

Clinical Examples

- 5 Gy(RBE)
- 10 Gy(RBE)
- 15 Gy(RBE)
- 20 Gy(RBE)
- 22 Gy(RBE)
- 24 Gy(RBE)
- 26 Gy(RBE)
- 28 Gy(RBE)
- 30 Gy(RBE)

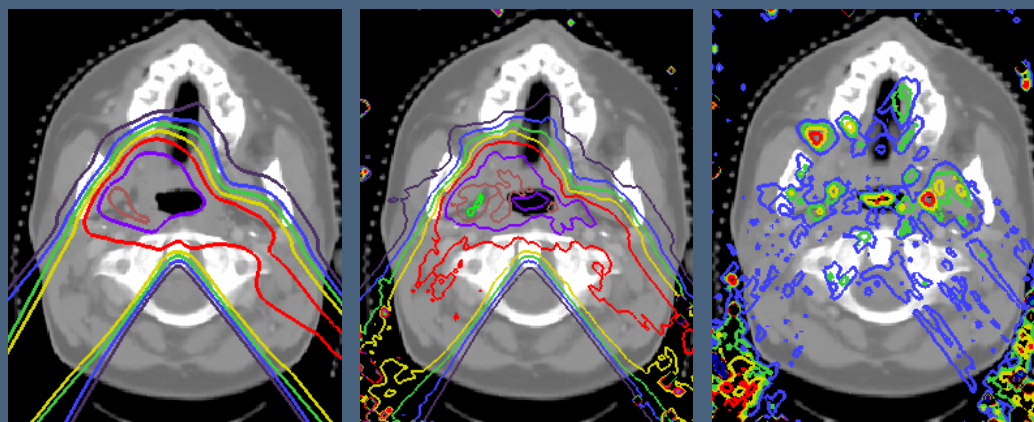


- 1 Gy(RBE)
- 1.5 Gy(RBE)
- 2 Gy(RBE)
- 2.5 Gy(RBE)
- 3 Gy(RBE)

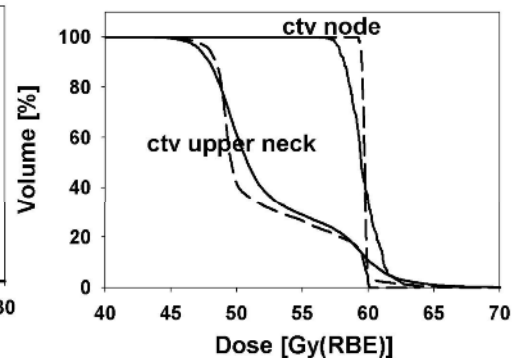
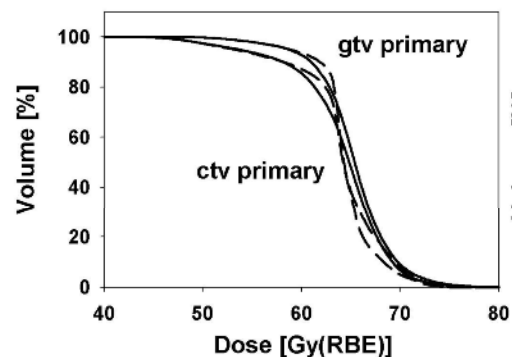
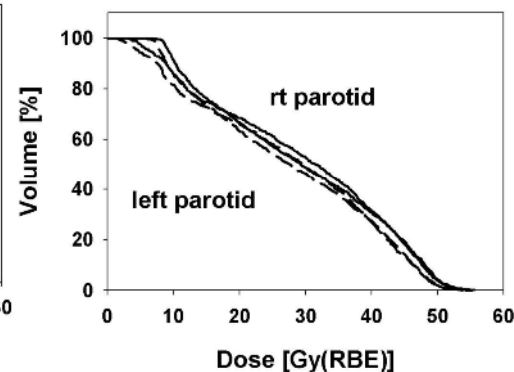
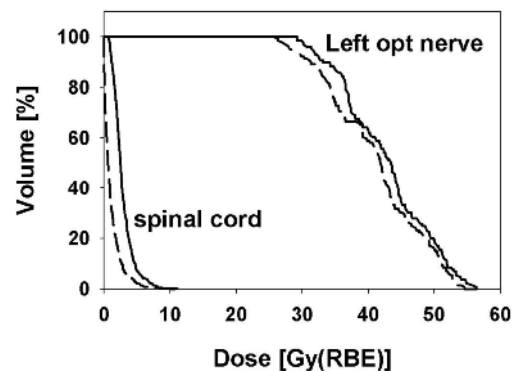


Clinical Examples

- 10 Gy(RBE)
- 20 Gy(RBE)
- 30 Gy(RBE)
- 40 Gy(RBE)
- 50 Gy(RBE)
- 60 Gy(RBE)
- 65 Gy(RBE)
- 70 Gy(RBE)
- 75 Gy(RBE)



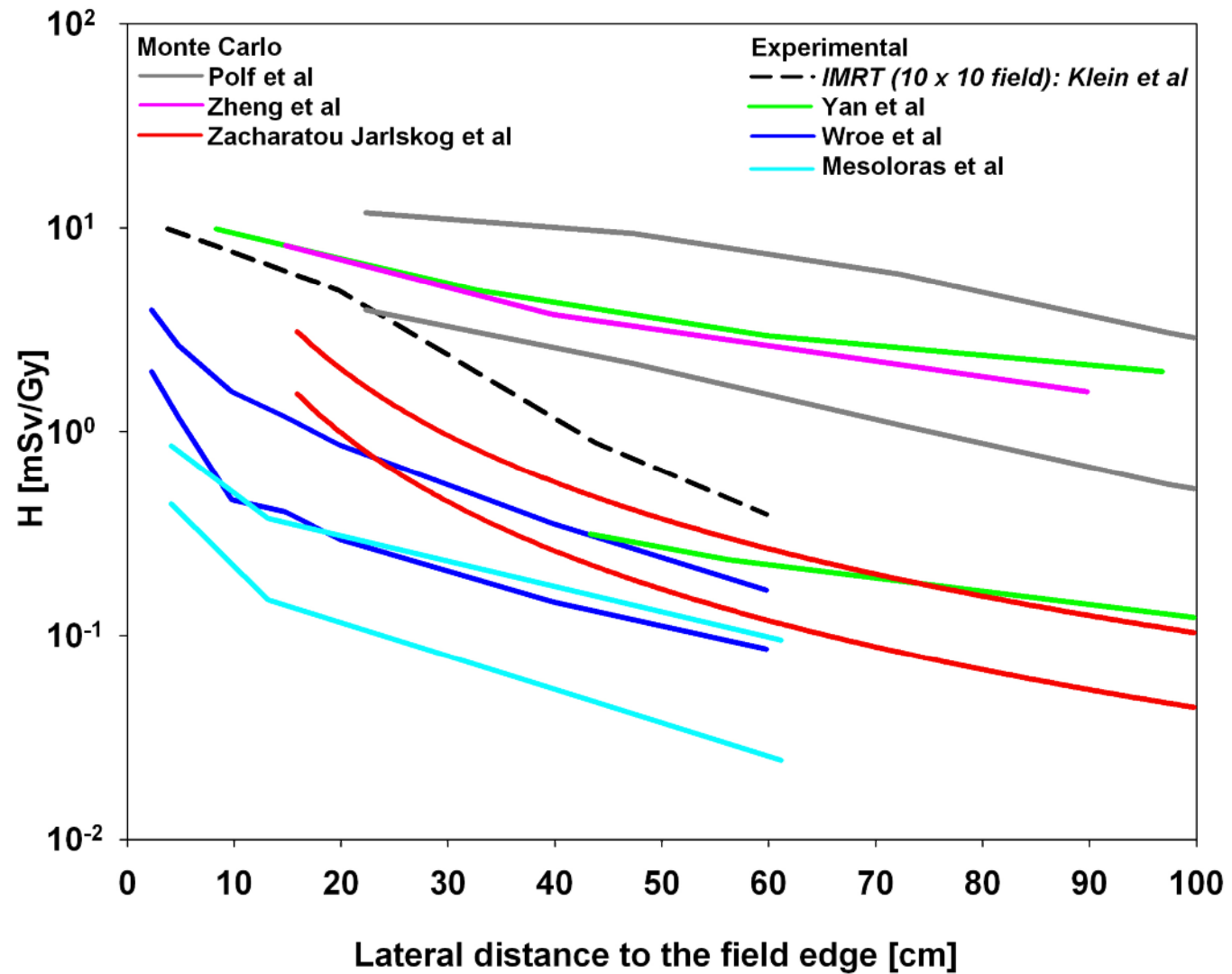
- 2 Gy(RBE)
- 4 Gy(RBE)
- 6 Gy(RBE)
- 8 Gy(RBE)



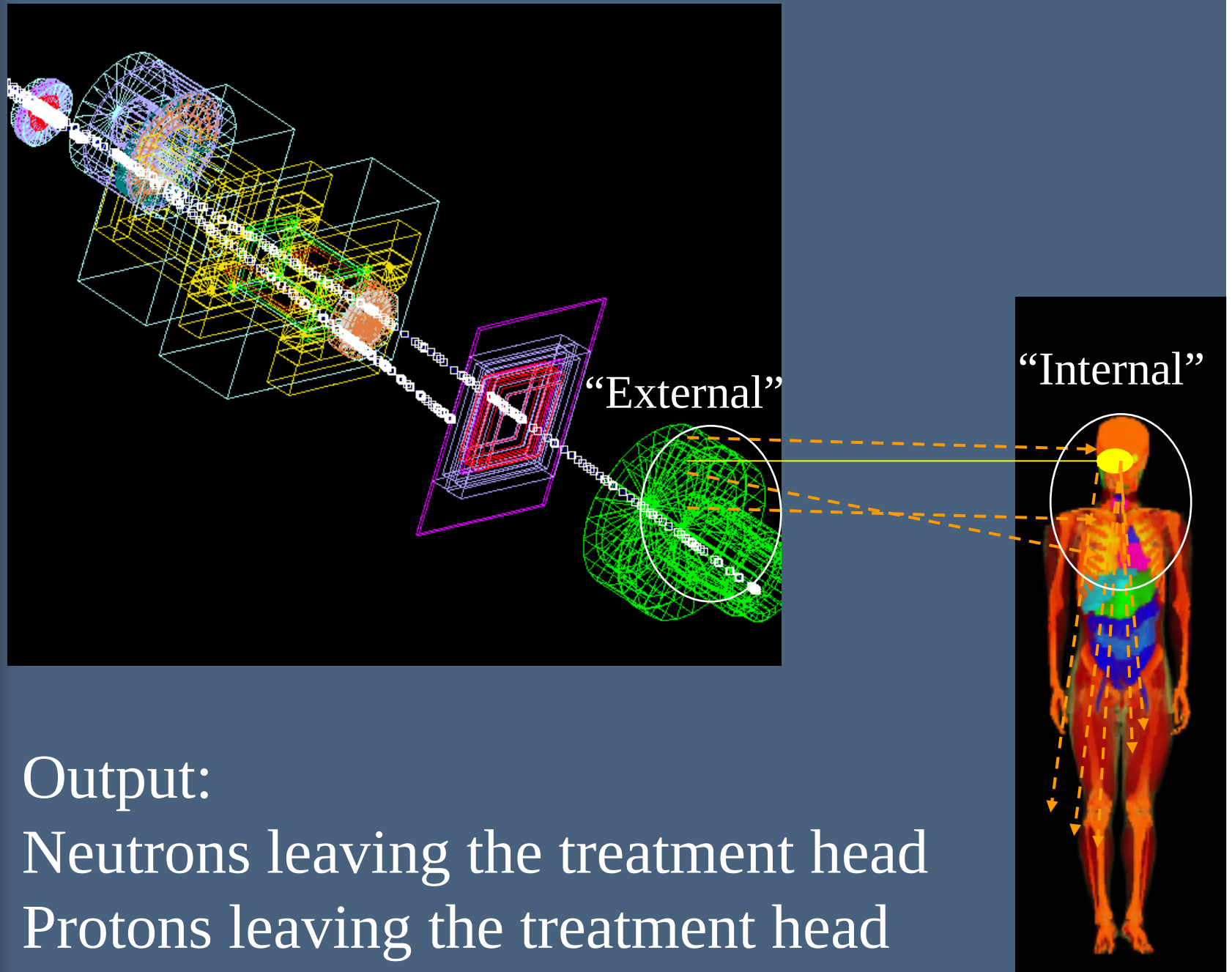
MC ——— XiO - - - -



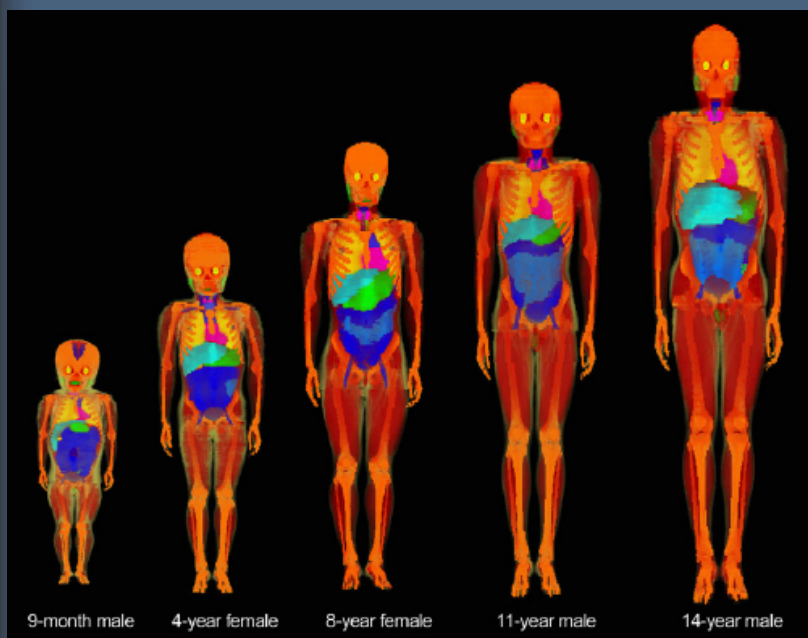
Scattered dose as a function of lateral distance



Simulation of the radiation field entering the patient



Pediatric phantoms



phantom	number of voxels		
	X	Y	Z
9 month old	289	180	24
4 year old	351	207	21
8 year old	322	171	22
11 year old	398	242	25
14 year old	349	193	25
Adult	147	86	47

Lee, Lee, Williams, et al. Whole-body voxel phantoms of paediatric patients - UF Series B. *Phys Med Biol.* 51, 4649-4661 (2006)

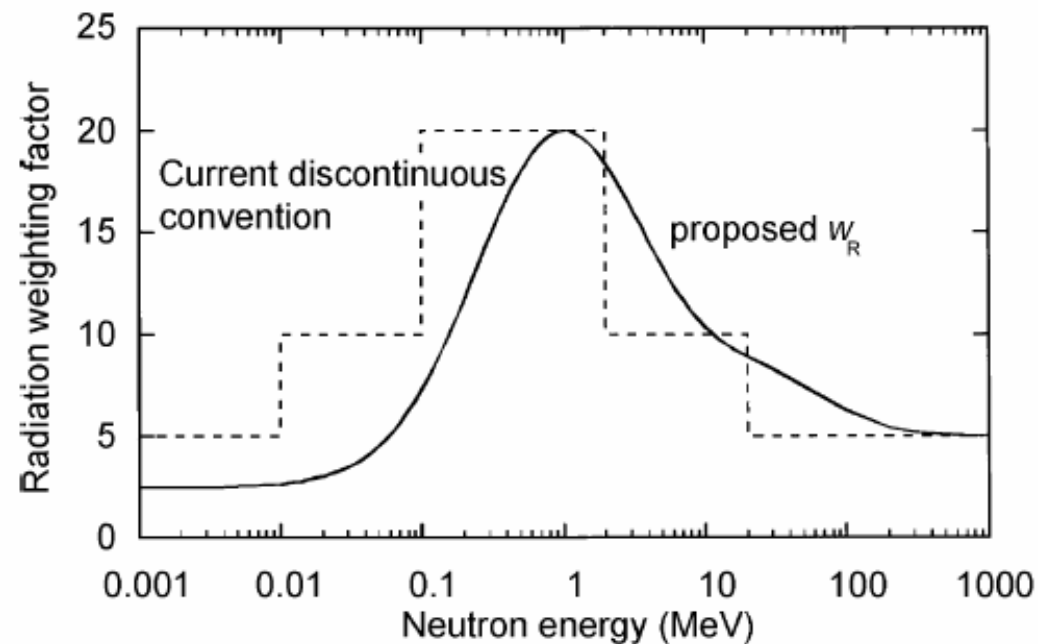
Table 2. Elemental compositions (% by mass) and tissue densities (g cm^{-3}) of individuals at the ICRP reference ages.

Element	Phantom age (years)				
	Newborn	1	5	10	15 (male)
Group 1 (cranium/mandible)					
H	5.551	5.272	5.173	5.340	5.434
C	19.150	19.154	20.180	21.953	23.442
N	4.259	4.280	4.230	4.019	3.831
O	51.209	49.850	46.759	44.757	43.526
Ca	12.892	13.852	15.619	15.801	15.773
Na	0.031	0.025	0.104	0.103	0.177
Mg	0.260	0.268	0.187	0.181	0.176
P	6.303	6.969	7.435	7.544	7.346
S	0.287	0.287	0.283	0.276	0.271
Cl	0.018	0.012	0.007	0.006	0.006
K	0.027	0.019	0.011	0.009	0.006
Fe	0.013	0.012	0.011	0.012	0.011
Density	1.458	1.450	1.520	1.519	1.525
Group 2 (vertebrae—cervical, thoracic, lumbar)					
H	8.760	8.390	7.997	7.901	7.993
C	16.209	17.835	21.884	27.069	29.956
N	2.844	3.020	3.230	3.319	3.247
O	64.925	61.789	55.514	49.237	46.486
Ca	3.948	4.345	6.469	7.575	7.637
Na	0.337	0.289	0.246	0.180	0.193
Mg	0.088	0.114	0.116	0.141	0.146
P	2.908	3.383	3.918	4.110	3.933
S	0.663	0.598	0.485	0.369	0.325
Cl	0.194	0.163	0.112	0.062	0.045
K	0.005	0.006	0.004	0.004	0.003
Fe	0.016	0.019	0.024	0.033	0.036
Density	1.157	1.184	1.219	1.232	1.230

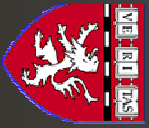


Table 1. A comparison of existing w_R values and those proposed to the ICRP

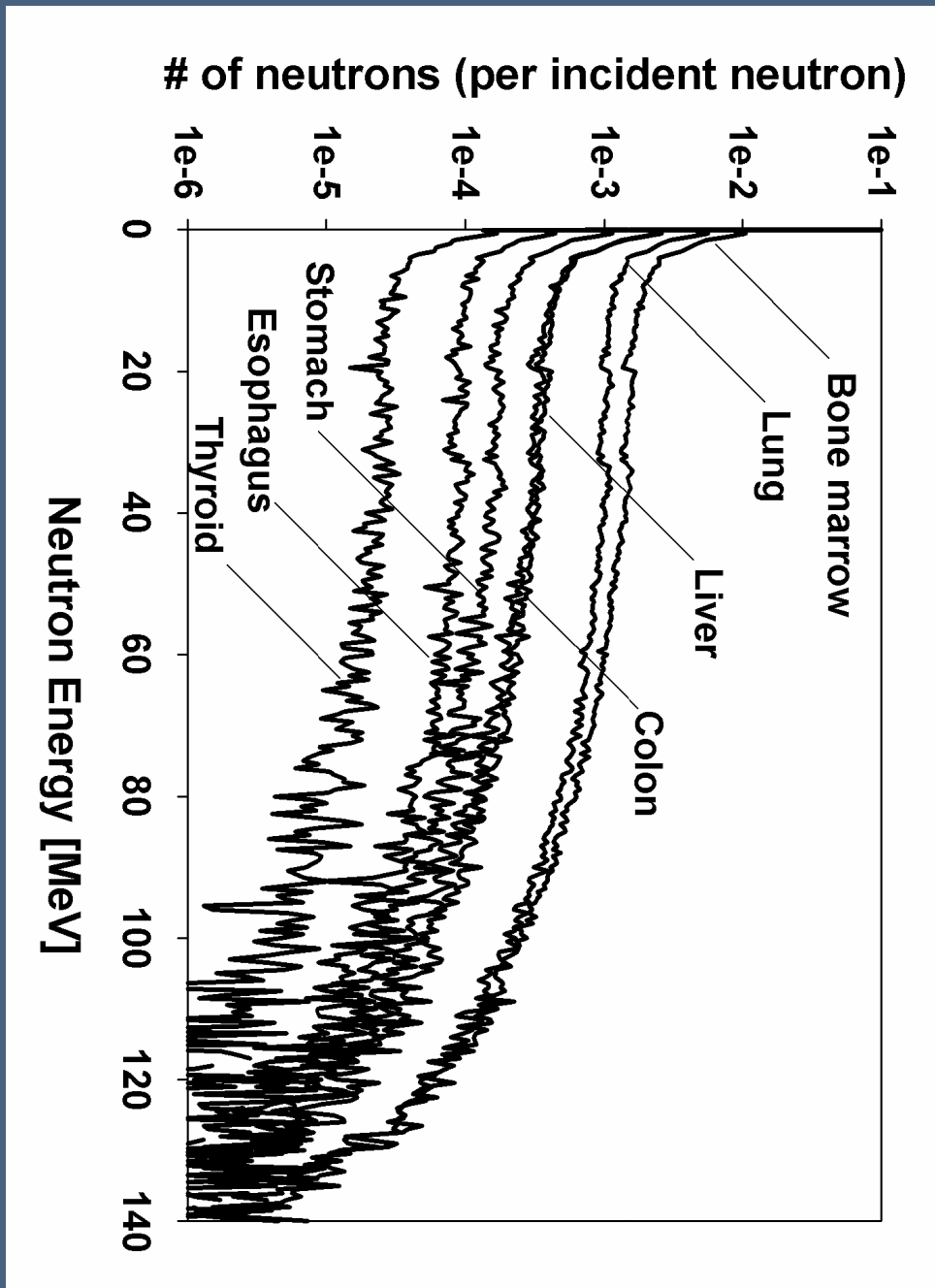
Type and energy range of incident radiation	Radiation weighting factor (w_R)	
	Publication 60	Proposed ^c
Photons, all energies	1	1
Electrons and muons (all energies) ^a	1	1
Protons (incident)	5	2
Neutrons, energy < 10 keV	5	Use the proposed w_R function in Fig. 1 below
10 keV–100 keV	10	
> 100 keV–2 MeV	20	
> 2 MeV–20 MeV	10	
> 20 MeV	5	



From: *Annals of the ICRP; ICRP Publication 92; Relative Biological Effectiveness (RBE), Quality Factor (Q), and Radiation Weighting Factor (w_R)*

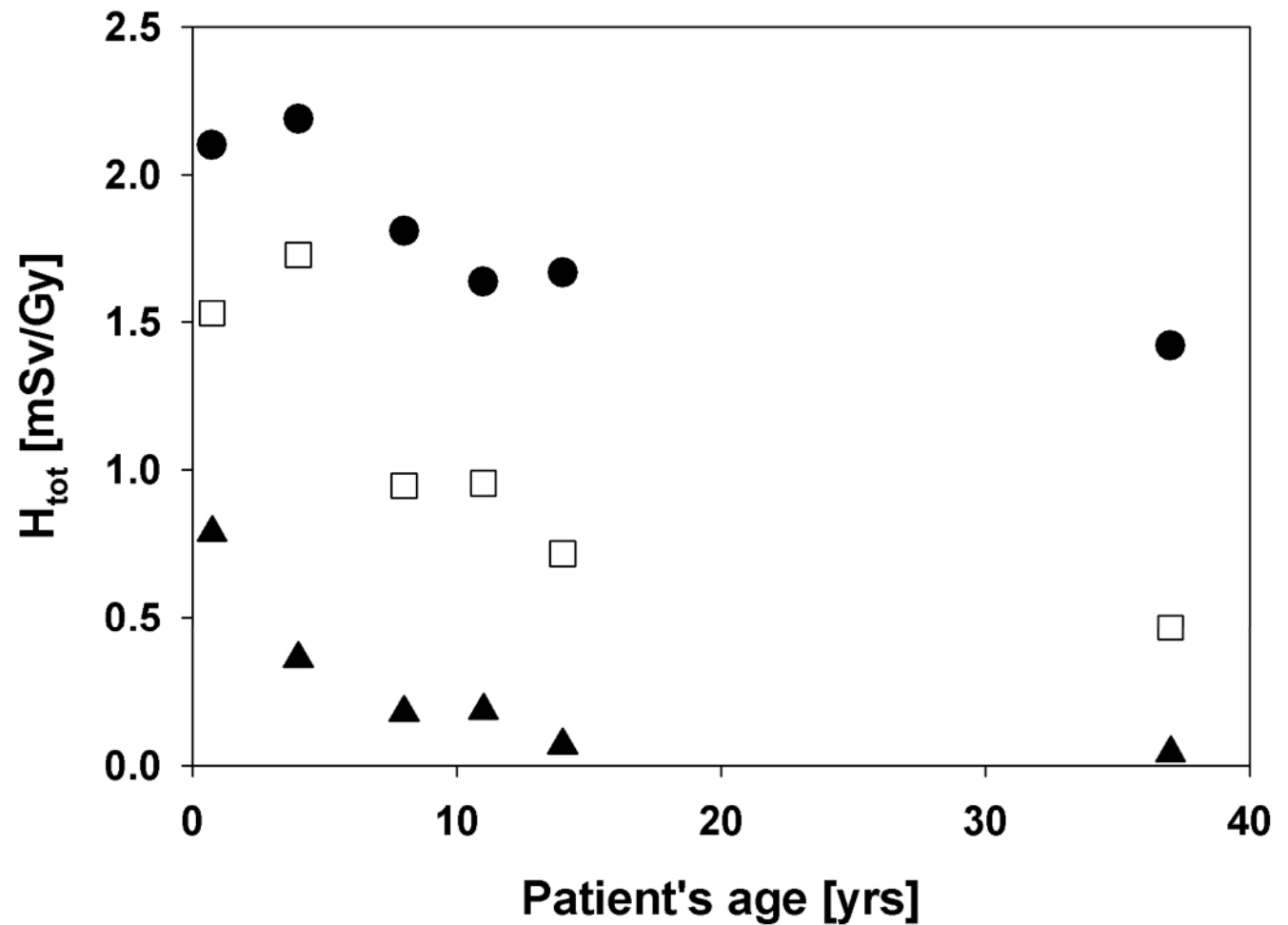


Neutron Dose Simulation



Organ equivalent dose

- thyroid (circles)
- lung (squares)
- liver (triangles)



References

Proton Therapy

Paganetti and Bortfeld: Proton Therapy. In: New Technologies in Radiation Oncology (Series: Medical Radiology; Subseries: Radiation Oncology); Eds. Schlegel, W.; Bortfeld, T.; Grosu, A.L.; ISBN 3-540-00321-5; Springer Verlag, Heidelberg 2005: 345-63

Monte Carlo dose calculation

Chetty et al., Report of the AAPM Task Group No. 105: issues associated with clinical implementation of Monte Carlo-based photon and electron external beam treatment planning. Med Phys 2007: 34, 4818-53

Proton treatment head simulation

Paganetti et al: Accurate Monte Carlo simulations for nozzle design, commissioning, and quality assurance in proton radiation therapy. Med Phys 2004: 31, 2107-18

Simulation of neutron doses in proton therapy

Zacharatou Jarlskog et al: Assessment of organ specific neutron equivalent doses in proton therapy using computational whole-body age-dependent voxel phantoms. Phys Med Biol 2008: 53, 693-717

Monte Carlo code Geant4

<http://geant4.web.cern.ch/geant4/>

